

NCCAOM Examination Review

Dongcheng Li

Office: (954) 763-9840

E-mail: dcljdl@yahoo.com

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NCCAOM Examination Acupuncture and Point Location

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Examination Contents Outline (2013) Acupuncture and Point Location

- Reference Books

- All Knowledge points and Practice questions are from the following books:

- Cheng, X. Chinese Acupuncture and Moxibustion (Revised Edition) 1999 Ed, Foreign Languages Press.
- Dongcheng Li, Review and Pretest for NCCAOM and California Exams in TCM Foundation and Acupuncture, the latest version.
- Dongcheng Li, Review and Pretest for NCCAOM and California Licensing Exams in **Acupuncture with Point Location**, the latest version.

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Examination Contents Outline (2013) Acupuncture and Point Location

- **Domain A:** Develop a Comprehensive Treatment Plan Using Acupuncture Points Based Upon Patient's Identified Syndrome and Pattern Discrimination (**40%** of total exam of which **20%** are point location images).
- **Domain B:** Treatment Techniques and Mode of Administration (**20%** of total exam).
- **Domain C:** Use of Modalities or Agents (**25%** of total exam)
- **Domain D:** Assess Treatment Outcomes and Modify Treatment (**15%** of total exam)

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Examination Contents Outline (2013) Acupuncture and Point Location

- **Domain A:** Develop a Comprehensive Treatment Plan Using Acupuncture Points Based Upon Patient's Identified Syndrome and Pattern Discrimination (40% of total exam of which 20% are point location images).
- 1. Develop treatment plan
 - ❑ Knowledge of prescriptions based on treatment principles to correct imbalances.
 - ❖ CAM: p262-265; p371; Dr. Li's book: p56-57; p373-374
 - ❖ Practice Questions: Dr. Li's book: p406; p53

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Examination Contents Outline (2013) Develop treatment plan

- ❑ Knowledge of functions, indications and contraindications of treatment modality (e.g., acupuncture, moxa, Qigong, etc.)
 - ❑ Ability to prescribe treatment principles to correct imbalances
 - ❑ Ability to recall appropriate treatment principle to correct imbalance
 - ❑ Ability to develop a treatment strategy
 - ❑ Skills to recognize treatment principles to correct imbalances
- ❖ CAM: p350-353; p361-362; p368-370
 - ❖ Dr. Li's book: p145-147; p150
 - ❖ Practice questions: Dr. Li's book: p234-241

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Examination Contents Outline (2013)

Develop treatment plan

- 1) Six Stages theory (e.g., Taiyang, Yangming, Shaoyang, Taiyin, Shaoyin, Jueyin)
 - Knowledge of treatment planning utilizing Six Stages theory
 - Knowledge of Six Stages theory
 - Knowledge of procedures, methods, concepts, contraindications for Six Stages theory
 - Ability to administer treatment using Six Stages
 - Skills to administer treatment using Six Stages
- ❖ CAM: p330-336;
❖ Dr. Li's book: p343-346
❖ Practice questions: Dr. Li's book: p447 No.64, 65 &66

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Examination Contents Outline (2013)

Develop treatment plan

- 2) Four Levels (Wei, Qi, Ying, Xue)
 - Knowledge of treatment planning utilizing Four Levels theory
 - Knowledge of Four Levels theory
 - Knowledge of procedures, methods, concepts, contraindications for Four Levels theory
 - Ability to administer treatment using Four Levels
 - Skills to administer treatment using Four Levels
- ❖ Dr. Li's book: p346-347
❖ Practice questions: Dr. Li's book: p447 No.67 & 68

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Examination Contents Outline (2013)

Develop treatment plan

3) Five Phase/Element points

- Knowledge of Five Phase/Element points
 - Knowledge of theories and methods for Five Phase/Element points
 - Ability to administer Five Phase/Element points
 - Skills to administer Five Phase/Element points
-
- ❖ CAM: p381;
 - ❖ Dr. Li's book: p157 & 159 chart
 - ❖ Practice questions: Dr. Li's book: p75 (No.36); p175 (No.10); p440 (No.22)

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Examination Contents Outline (2013)

Develop treatment plan

4) Antique points (Jing Well, Ying Spring, Shu Stream, Jing River, He Sea)

- Knowledge of Antique points
 - Knowledge of theories and methods of Antique points
 - Ability to administer Antique points
 - Skills to administer Antique points
-
- ❖ CAM: p122;
 - ❖ Dr. Li's book: p68; p157 chart
 - ❖ Practice questions: Dr. Li's book: p75 (No.36); p174 (No.5); p175 (No. 10); p399 (No. 75); p435 (No.22);

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Examination Contents Outline (2013)

Develop treatment plan

5) Root and Branch

- Knowledge of Root and Branch technique to treat the patient's condition
- Knowledge of Root and Branch
- Knowledge of Root and Branch theories and concepts
- Ability to administer Root and Branch
- Skills to administer Root and Branch

- ❖ CAM: p371-375;
- ❖ Dr. Li's book: p56-57; p373-374
- ❖ Practice questions: Dr. Li's book: p367-p373

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Examination Contents Outline (2013)

Develop treatment plan

6) Zang Fu

- Knowledge of the Zang Fu model to treat the patient's condition
- Knowledge of Zang Fu
- Ability to apply the Zang Fu model to a patient's condition
- Skills to correctly treat a patient with the Zang Fu model

- ❖ CAM: p27-50; p303-327; p410-462;
- ❖ Dr. Li's book: p21-32; p304-342
- ❖ Practice questions: Dr. Li's book: p33-49; p347-373

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Examination Contents Outline (2013)

Develop treatment plan

7) Yin and Yang

- Knowledge of Yin and Yang model to treat the patient's condition
 - Knowledge of Yin and Yang techniques and concepts
 - Ability to apply the Yin and Yang model to a patient's condition
 - Skills to correctly treat a patient with the Yin and Yang model
-
- ❖ CAM: p12-19; p371-372;
 - ❖ Dr. Li's book: p7-10; p298-299; p373;
 - ❖ Practice questions: p15-21; p426(No.1-5; No. 9)

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Examination Contents Outline (2013)

Develop treatment plan

8) Qi, Blood, Body Fluids and Essence

- Knowledge of Qi, Blood, Body Fluids and Essence models to treat the patient's condition
 - Knowledge of Qi model
 - Knowledge of Blood model
 - Knowledge of Body Fluids model
 - Knowledge of Essence model
 - Knowledge of Qi, Blood, Body Fluids and Essence model techniques and theories
 - Ability to apply the Qi, Blood, Body Fluids and Essence model to a patient's condition
 - Skills to administer Qi, Blood, Body Fluids and Essence model for patient treatment
-
- ❖ CAM: p51-59; p296-303;
 - ❖ Dr. Li's book: p28-31; p300-304
 - ❖ Practice questions: Dr. Li's book: p34(No.11); p36(No.23); p36(No. 26, 27, 28, 29); p347(No. 3—7)

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Examination Contents Outline (2013)

Develop treatment plan

9) Meridians and collaterals including divergent meridians (Jing Luo)

- Knowledge of Jing Luo
- Knowledge of Jing Luo concepts and theories
- Knowledge of meridians and collaterals (Jing Luo) model to treat the patient's condition
- Ability to apply the Jing Luo model to a patient's condition
- Skills to correctly treat a patient with the Jing Luo model

- ❖ CAM: p59-114; p327-330;
- ❖ Dr. Li's book: p62-65
- ❖ Practice questions: Dr. Li's book: p72(No. 11--14); 15
p212(No. 284—314)

Examination Contents Outline (2013)

Develop treatment plan

10) Extraordinary meridian

- Knowledge of the Eight Extraordinary meridians
- Knowledge of the Eight Extraordinary meridians concepts and theories
- Knowledge of Qigong concepts and theories
- Knowledge of Yuan Qi concepts and theories
- Ability to apply the proper points for patient's condition
- Ability to apply Extraordinary meridians in pairs/combinations
- Skills to administer the Jing for patient's condition

- ❖ CAM: p82-88; p227-241;
- ❖ Dr. Li's book: p128-143;
- ❖ Practice questions: Dr. Li's book: p190(No. 121—124);
p192(No.133—138); p193(No.145,146); p199(No.192—283)

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Examination Contents Outline (2013) Point Selection

2. Point Selection

1) Distal/local, adjacent points

- Select distal/local, adjacent points to address channel imbalance
- Knowledge of distal/local, adjacent points and affected channels
- Knowledge of channels
- Ability to recall distal/local, adjacent points and affected channels
- Ability to identify channel imbalances
- Skills to identify channel imbalances

- ❖ CAM: p124-125;
- ❖ Dr. Li's book: p373-374
- ❖ Practice questions: Dr. Li's book: p438(No.5)

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Examination Contents Outline (2013) Point Selection

2) Based on TCM muscular channel theory

- Knowledge of points based on the muscular channel theory
- Knowledge of concept and purpose for choosing acupuncture points based on the muscular channel theory
- Ability to select/recognize acupuncture points based on the muscular channel theory
- Skills to administer acupuncture points based on muscular channel theory

- ❖ CAM: p101-112;
- ❖ Dr. Li's book: p64;
- ❖ Practice questions: Dr. Li's book: p192 (No. 161); p196 (No. 168); p197 (No. 177); p198(No. 184-185)¹⁸

Examination Contents Outline (2013) Point Selection

- 3) Points along corresponding channels to affected cutaneous regions
- Knowledge of the cutaneous regions
 - Knowledge of acupuncture/points along the cutaneous regions
 - Ability to recognize points along corresponding channels to affect cutaneous regions
 - Ability to understand concepts, methods and results of choosing points of the cutaneous regions
 - Ability to identify points to affect the cutaneous regions
 - Skills to identify points along corresponding channels to affect cutaneous regions
- ❖ CAM: p112;
❖ Dr. Li's book: p64
❖ Practice questions: p193 (No.141)

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Examination Contents Outline (2013) Point Selection

- 4) Front-Mu (Alarm) points, Back-Shu (Associated) points, and their combination (s)
- Knowledge of functions of Front-Mu (Alarm), Back-Shu (Associated) points and their combination
 - Knowledge of imbalances of an excess or deficient nature
 - Knowledge Front-Mu (Alarm), Back-Shu (Associated) points and their combination to affect systemic imbalances
 - Ability to recall Front-Mu (Alarm), Back-Shu (Associated) points and their combination
 - Ability to recognize Front-Mu (Alarm), Back-Shu (Associated) points and their combination; ability to affect imbalances of an excess or deficient nature
 - Skills to identify Front-Mu (Alarm), Back-Shu (Associated) points and their combination to address systemic imbalances
 - Skills to administer Front-Mu (Alarm), Back-Shu (Associated) points and their combination for imbalances
- ❖ CAM: p123-124; p390-392
❖ Dr. Li's book: p68; p155-156
❖ Practice questions: p439 (No. 11)

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Examination Contents Outline (2013) Point Selection

5) Lower He-Sea (Uniting) points

- Knowledge of Lower He-Sea (Uniting) points to connect channel with respective Fu Organ
- Knowledge of Fu organs and their functions
- Knowledge of He-Sea (Uniting) acupuncture points
- Ability to recognize Lower He-Sea (Uniting) points to connect channel with respective Fu Organ
- Ability to identify Lower He-Sea (Uniting) points to connect channel with respective Fu Organ
- Skills to identify Lower He-Sea (Uniting) points to connect channel with respective Fu Organ

- ❖ CAM: p385-386;
- ❖ Dr. Li's book: p67; p152 (chart);
- ❖ Practice questions: Not found.

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Examination Contents Outline (2013) Point Selection

6) Four-Needle technique points

- Knowledge of Four-Needle technique acupuncture points
- Knowledge of Four-Needle technique and how it affects imbalances
- Ability to recognize Four-Needle technique points to address imbalances
- Ability to recall Four-Needle technique acupuncture points
- Skills to identify/perform Four-Needle technique points to address imbalances

- ❖ Same as slide 9 & 10
- ❖ Practice questions: Dr. Li's book: p435 (No. 70)

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Examination Contents Outline (2013) Point Selection

- Step I
 - Determine which organ system is out of balance
- Step II
 - Determine whether the imbalance is excess (shi) or deficiency (xu)
- Step III
 - (For Deficient syndromes)
 - • Reinforce the mother point on the mother organ's channel.
 - • Reinforce the mother organ's element point on the affected channel.
 - • Reduce the horary point on the controlling organ's channel.
 - • Reduce the controlling organ's element point on the affected organ.
 - (For Excessive syndromes)
 - • Reinforce the control point on the controlling organ's channel.
 - • Reinforce the control point on the affected channel.
 - • Reduce the son point on the son channel.
 - • Reduce the son point on the affected channel.

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Examination Contents Outline (2013) Point Selection

Tonification prescriptions for Deficient syndrome.

Meridian	Reinforce		Reduce	
	Mother point on Mother Channel	Mother point on affected channel	Control point on controlling channel	Control point on affected channel
LU	Sp 3	Lu 9	Ht 8	Lu 10
LI	St 36	LI 11	SI 5	LI 5
ST	SI 5	St 41	GB 41	St 43
SP	Ht 8	Sp 2	Liv 1	Sp 1
HT	Liv 1	Ht 9	Kid 10	Ht 3
SI	GB 41	SI 3	UB 66	SI 2
UB	LI 1	UB 67	St 36	UB 40
KD	Lu 8	Kid 7	Sp 3	Kid 3
PC	Liv 1	P 9	Kid 10	P 3
SJ	GB 41	SJ 3	UB 66	SJ 2
GB	UB 66	GB 43	LI 1	GB 44
LV	Kid 10	Liv 8	LU 8	Liv 4

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Examination Contents Outline (2013) Point Selection

Sedation prescriptions for Excessive syndrome.

Meridian	Reinforce		Reduce	
	Control point on controlling channel	Control point on affected channel	Son point on Son channel	Son point on affected channel
LU	Ht 8	Lu 10	Kid 10	Lu 5
LI	SI 5	LI 5	UB 66	LI 2
ST	GB 41	St 43	LI 1	St 45
SP	Liv 1	Sp 1	LU 8	Sp 5
HT	Kid 10	Ht 3	Sp 3	Ht 7
SI	UB 66	SI 2	St 36	SI 8
UB	St 36	UB 40	GB 41	UB 65
KD	Sp 3	Kid 3	Liv 1	Kid 1
PC	Kid 10	P 3	Sp 3	P 7
SJ	UB 66	SJ 2	St 36	SJ 10
GB	LI 1	GB 44	SI 5	GB 38
LV	Lu 8	Liv 4	Ht 8	Liv 2

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Examination Contents Outline (2013) Point Selection

7) Eight Influential points

- Knowledge of the Eight Influential points to affect related anatomical areas and types of tissues
- Knowledge of the Eight Influential points
- Knowledge of anatomical areas and types of tissues
- Ability to recognize the Eight Influential points as being able to affect related anatomical areas and types of tissues
- Skills to identify the Eight Influential points to affect related anatomical areas and types of tissues
- Skills to recall Eight Influential points to affect related anatomical areas and types of tissues

- ❖ CAM: p392-393;
- ❖ Dr. Li's book: p69; p153-154
- ❖ Practice questions: Dr. Li's book: p74(No.29)

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Examination Contents Outline (2013) Point Selection

8) Four Sea points

- Knowledge of the Four Seas points
- Knowledge of Qi, Blood, Food and Marrow
- Knowledge of the Four Seas points to affect corresponding Qi, Blood, Food and Marrow
- Ability to recognize and recall the Four Seas points to affect corresponding Qi, Blood, Food and Marrow
- Skills to identify the Four Seas points to affect corresponding Qi, Blood, Food and Marrow

- ❖ Dr. Li's book: p156.
- ❖ Practice questions: Dr. Li's book: p427(No.16)

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Examination Contents Outline (2013) Point Selection

9) Based upon causative factor

- Knowledge of points to treat causative factor(s) according to TCM
- Knowledge of causative factors according to TCM
- Ability to recognize points to treat causative factor(s) according to TCM
- Skills to identify points to treat causative factor(s) according to TCM

- ❖ Same as slide 5 (treatment plan)

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Examination Contents Outline (2013) Point Selection

- 10) Five Shu (Transporting) points according to TCM
- Knowledge of the Five Shu (Transporting) points to treat imbalances of the Five Elements according to TCM
 - Knowledge of the Five Elements according to TCM
 - Knowledge of Five Shu (Transporting) points according to TCM
 - Ability to recognize the Five Shu (Transporting) points to treat imbalances of the Five Elements according to TCM
 - Skills to identify the Five Shu (Transporting) points to treat imbalances of the Five Elements according to TCM

❖ Same as slide 9 & 10

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Examination Contents Outline (2013) Point Selection

- 11) 5 Luo-Connecting points, Yuan-Source (Primary) points, and their combinations
- Knowledge of Luo-Connecting points that access divergent channels to strengthen internally-externally related channels
 - Knowledge of Yuan-Source (Primary) points to access fundamental Qi for the channel
 - Knowledge of Luo-Connecting acupuncture points
 - Knowledge of Yuan-Source (Primary) acupuncture points
 - Knowledge of the divergent channels
 - Knowledge of Fundamental Qi
 - Ability to recall Luo-Connecting acupuncture points
 - Ability to recognize Yuan-Source (Primary) acupuncture points to access fundamental Qi of the channel
 - Ability to recognize Luo-Connecting points as being able to access divergent channels to strengthen internally-externally related channels
 - Ability to recall Yuan-Source (Primary) acupuncture points
 - Skills to identify Luo-Connecting points that access divergent channels to strengthen internally-externally related channels
 - Skills to identify Yuan-Source (Primary) acupuncture points to access fundamental Qi for the channel

❖ CAM: p386-389;
❖ Dr. Li's book: p68; p151
❖ Practice questions: Dr. Li's book: p174 (No.1); p438 (No.1)

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Examination Contents Outline (2013) Point Selection

12) Xi-Cleft points

- Knowledge of Xi-Cleft points and indications
 - Knowledge of choosing correct Xi-Cleft points
 - Ability to recognize Xi-Cleft points
 - Skills to identify and locate Xi-Cleft points
-
- ❖ CAM: p389-390;
 - ❖ Dr. Li's book: p68-69; p152
 - ❖ Practice questions: Dr. Li's book: p74 (No. 28); p174(No.4 & 8)

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Examination Contents Outline (2013) Point Selection

13) Entry and Exit points according to 12 Channel theory

- Knowledge of Entry and Exit points according to 12 Channel theory
 - Knowledge of the 12 Channel theories
 - Knowledge of Entry and Exit acupuncture points
 - Ability to recognize acupuncture Entry and Exit points according to 12 Channel theory
 - Ability to recall acupuncture points to clear Entry and Exit points according to 12 Channel theory
 - Skills to identify Entry and Exit points according to 12 Channel theory
-
- ❖ Dr. Li's book: p158
 - ❖ Practice questions: Dr. Li's book: p193 (No. 143 &147); p194 (No. 152 &158); p195 (No. 160)

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Examination Contents Outline (2013) Point Selection

14) Window of the Sky

- Knowledge of Window of the Sky theory
 - Knowledge of appropriate points according to Window of the Sky theory
 - Knowledge of acupuncture points associated with Window of the Sky theory
 - Ability to recall acupuncture points according to Window of the Sky theory
 - Skills to identify acupuncture points for Window of the Sky
-
- ❖ Dr. Li's book: p157-158
 - ❖ Practice questions: Not found

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Examination Contents Outline (2013) Point Selection

15) Extra points

- Knowledge of Extra points
 - Knowledge of clinically appropriate Extra points to treat corresponding conditions
 - Ability to recognize clinically appropriate Extra points to treat corresponding conditions
 - Skills to identify clinically appropriate Extra points to treat corresponding conditions
 - Skills to administer Extra points
-
- ❖ CAM: p242-253
 - ❖ Dr. Li's book: p67; p139
 - ❖ Practice questions: Dr. Li's book: p174 (No.2)

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Examination Contents Outline (2013) Point Selection

16) Auricular points

- Knowledge of auricular acupuncture points (e.g., auricular landmarks, locations, functions, and indications of auricular acupuncture points)
 - Knowledge of the indications of auricular points
 - Ability to recognize auricular points
 - Ability to recall auricular acupuncture points to address imbalances
 - Skills to identify auricular points
-
- ❖ CAM: p531-550;
 - ❖ Dr. Li's book: p159-164
 - ❖ Practice questions: Dr. Li's book: p223-233

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Examination Contents Outline (2013) Point Selection

17) Scalp points

- Knowledge of scalp acupuncture system (e.g., scalp landmarks, proportions, locations, functions, indications and contraindications of scalp acupuncture points)
 - Ability to recall scalp acupuncture points to address imbalances
 - Skills to identify scalp points
-
- ❖ Dr. Li's book: p164-168
 - ❖ Practice questions: Not found

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Examination Contents Outline (2013) Point Selection

18) Coalescent points

- Knowledge of coalescent points
- Knowledge of the indications and contraindications of coalescent acupuncture points
- Ability to recall coalescent points to address imbalances
- Skills to identify coalescent points

- ❖ Dr. Li's book: p128-139
- ❖ Practice questions: Dr. Li's book: p192(No. 133); p192(No. 135, 137 & 138); p202(No. 215); p203(No. 221); p205(No. 232 & 234); p206(No. 241—246); p207(No. 252-256); p208 (258-263).....

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Examination Contents Outline (2013) Point Selection

19) Crossing points

- Knowledge of crossing points (e.g., intersection of two or more meridians,
 - including the twelve regular meridians and the eight extra meridians)
- Knowledge of the indications and contraindications of crossing points
- Knowledge of location and distribution of crossing points
- Ability to recall crossing points to address imbalances
- Ability to identify diseases treated with crossing points
- Skills to identify crossing points

- ❖ CAM: p393-398;
- ❖ Dr. Li's book: p69
- ❖ Practice questions: Dr. Li's book: p177 (No.30); p179 (No.39&40)

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Examination Contents Outline (2013) Point Selection

20) Fourteen meridians

- Knowledge of fourteen meridians theories and contraindications
- Ability to recall fourteen meridians to address imbalances
- Skills to identify fourteen meridians

- ❖ CAM: p64-83;
- ❖ Dr. Li's book: p62-69; p78-128
- ❖ Practice questions: Dr. Li's book: p180(No. 48); p181 (No. 56 &58); p182 (No. 65); p183 (No. 66-69, 71-72).....

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Examination Contents Outline (2013) Point Selection

21) Confluent points

- Knowledge of confluent points
- Knowledge of confluent points theories and contraindications
- Skills to identify confluent points
- Skills to apply confluent points for patient's condition
- Ability to recognize (e.g., locate) confluent points
- Ability to recall confluent points to address imbalances

- ❖ CAM: p389-391;
- ❖ Dr. Li's book: p69; p153 (chart)
- ❖ Practice questions: Dr. Li's book: p74 (No. 27); p175 (No.11)

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Examination Contents Outline (2013) Point Selection

22) Command points

- Knowledge of command points
 - Knowledge of command points theories and contraindications
 - Skills to identify command points
 - Ability to recognize (e.g., locate) command points
 - Ability to recall command points to address imbalances (hot, cold, excess, deficiency)
-
- ❖ Dr. Li's book: p156
 - ❖ Practice questions: Not found

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Examination Contents Outline (2013)

Treatment strategy using acupuncture, cupping and moxibustion

3. Treatment strategy using acupuncture, cupping and moxibustion
- Knowledge of functions and indications of acupuncture, cupping, moxibustion techniques
 - Knowledge of techniques, cautions and contraindications of acupuncture, cupping, moxibustion
 - Knowledge of different types of acupuncture, cupping, moxibustion
 - Knowledge of treatment strategies utilizing acupuncture, cupping, moxibustion
 - Ability to apply treatment strategies utilizing acupuncture, cupping, moxibustion
 - Skills to identify treatment strategies utilizing acupuncture, cupping, moxibustion
-
- ❖ Same as slide 6
 - ❖ Dr. Li's book: p145-147; p150
 - ❖ Practice questions: Dr. Li's book: p234-241

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Examination Contents Outline (2013)

Needle selection

4. Needle selection (e.g., filiform, three-edges, plum-blossom, press and intradermal needles)
 - Knowledge of acupuncture needles
 - Knowledge of acupuncture needle use
 - Knowledge of acupuncture needle applications, precautions
 - Ability to utilize appropriate acupuncture needles
 - Skills to administer appropriate acupuncture needles
- ❖ CAM: p337-360
❖ Dr. Li's book: p143-147
❖ Practice questions: Dr. Li's book: p176(No.20, 21)

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Examination Contents Outline (2013)

Identification of correct point location

5. Identification of correct point location
 - Knowledge of acupuncture points
 - Knowledge of acupuncture point location theories and concepts
 - Knowledge to identify correct point location
 - Ability to identify correct point location
 - Skills to identify correct point location
- ❖ CAM: p135-253
❖ Dr. Li's book: p78-128
❖ Practice questions: Dr. Li's book: p174 (No.6); p439(No. 10 & 11).....

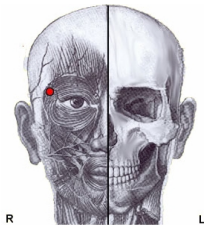
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Examination Contents Outline (2013)

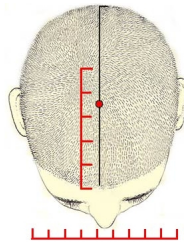
Point location (images only)

6. Point location (images only)

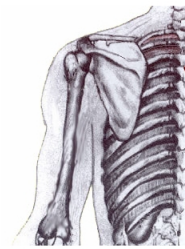
- Know point location description in words.



- A. GB-1 (tong zi liao)
- B. Extra point yu yao
- C. SJ-23 (si zhu kong)
- D. ST-7 (xia guan)



- A. GB-18 (cheng ling)
- B. GB-17 (zheng ying)
- C. DU-22 (xin hui)
- D. DU-21 (qian ding)



- A. DU-9 (zhi yang)
- B. DU-11 (shen dao)
- C. DU-12 (shen zhu)
- D. DU-10 (ling tai)

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Examination Contents Outline (2013)

Patient position

- **Domain B: Treatment Techniques and Mode of Administration (20% of total exam).**
 1. Patient position
 - Knowledge of correct positioning of the patient
 - Knowledge of positioning techniques and concepts
 - Ability to correctly position the patient
 - Skills to decide and execute correct positioning of patient

❖ CAM: p339-341

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Examination Contents Outline (2013)

Needle insertion

2. Needle insertion (Angle, Depth, and Needle insertion technique)
 - Knowledge of needle insertions with appropriate angle and depth
 - Knowledge of safety rules and regulations concerning needle insertion
 - Ability to insert needles to the appropriate angle and depth
 - Skills to insert needles at correct angle and depth
- ❖ CAM: p341-349
❖ Dr. Li's book: p143-144
❖ Practice questions: Dr. Li's book: p239 (No.122—135)

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Examination Contents Outline (2013)

Achieve arrival of Qi by

3. Achieve arrival of Qi by:
 - 1) Lifting and thrusting
 - Knowledge of arrival of Qi
 - Knowledge of lifting and thrusting
 - Knowledge to achieve arrival of Qi by lifting and thrusting
 - Knowledge of concepts and theories concerning lifting and thrusting
 - Ability to achieve arrival of Qi by lifting and thrusting
 - Skills to manipulate needle with lifting and thrusting to elicit the arrival of Qi
- ❖ CAM: p345;
❖ Dr. Li's book: p144
❖ Practice questions: Dr. Li's book: p239 (No.122—135)

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Examination Contents Outline (2013)

Achieve arrival of Qi by

2) Twirling or rotating

- Knowledge of arrival of Qi
- Knowledge to achieve arrival of Qi by twirling and rotating
- Knowledge of twirling or rotating
- Ability to achieve arrival of Qi by twirling or rotating
- Skills to administer arrival of Qi by twirling or rotating

❖ Same as slide 48

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Examination Contents Outline (2013)

Achieve arrival of Qi by

3) Plucking

- Knowledge of arrival of Qi
- Knowledge to achieve arrival of Qi by plucking
- Knowledge of plucking
- Ability to achieve arrival of Qi by plucking
- Skills to administer arrival of Qi by plucking
- Skills to manipulate needle using plucking to elicit arrival of Qi

❖ Same as slide 48

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Examination Contents Outline (2013)

Achieve arrival of Qi by

4) Scraping

- Knowledge of arrival of Qi
- Knowledge to achieve arrival of Qi by scraping
- Ability to administer arrival of Qi by scraping
- Skills to administer arrival of Qi by scraping

❖ Same as slide 48

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Examination Contents Outline (2013)

Achieve arrival of Qi by

5) Shaking

- Knowledge of arrival of Qi
- Knowledge to achieve arrival of Qi by shaking
- Ability to administer arrival of Qi by shaking
- Skills to administer arrival of Qi by shaking

❖ Same as slide 48

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Examination Contents Outline (2013)

Achieve arrival of Qi by

6) Trembling

- Knowledge of arrival of Qi
- Knowledge to achieve arrival of Qi by trembling
- Ability to administer arrival of Qi by trembling
- Skills to administer arrival of Qi by trembling

❖ Same as slide 48

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Examination Contents Outline (2013)

Reinforcing and reducing techniques by

4. Reinforcing and reducing techniques by:

1) Lifting and thrusting

- Knowledge of theories, purpose and techniques of lifting and thrusting
- Knowledge to apply reinforcing and reducing techniques by lifting and thrusting
- Ability to administer techniques by lifting and thrusting
- Skills to administer techniques by lifting and thrusting

❖ CAM: p346-349

❖ Dr. Li's book: p144-145

❖ Practice questions: Dr. Li's book: p239
(No.122—135)

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Examination Contents Outline (2013)

Reinforcing and reducing techniques by

2) Twirling or rotating

- Knowledge of theory, purpose and technique of rotating or twirling
- Knowledge to apply reinforcing and reducing techniques by rotating or twirling
- Ability to administer correct techniques using rotating or twirling
- Skills to administer correct techniques using rotating or twirling

- ❖ Same as slide 54
 - ❖ CAM: p346-349
 - ❖ Dr. Li's book: p144-145
 - ❖ Practice questions: Dr. Li's book: p239 (No.122—135)

55

Examination Contents Outline (2013)

Reinforcing and reducing techniques by

3) Rapid and slow insertion and withdrawal of needle

- Knowledge of theory, purpose and technique of rapid and slow insertion and withdrawal of needle
- Knowledge to apply reinforcing and reducing techniques by rapid and slow inserting and withdrawal of needles
- Ability to administer correct techniques using rapid and slow inserting and withdrawal of needles
- Skills to administer correct techniques using rapid and slow inserting and withdrawal of needles
- Skills to manipulate the needle to reduce or reinforce using rapid and slow inserting and withdrawal of needles

- ❖ Same as slide 54
 - ❖ CAM: p346-349
 - ❖ Dr. Li's book: p144-145
 - ❖ Practice questions: Dr. Li's book: p239 (No.122—135)

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Examination Contents Outline (2013)

Reinforcing and reducing techniques by

- 4) Keeping acupuncture hole open
- ❑ Knowledge to apply reinforcing and reducing techniques by keeping the acupuncture hole open or closed
 - ❑ Ability to administer correct techniques by keeping the acupuncture hole open or closed
 - ❑ Ability to reinforce or reduce using the technique of keeping the acupuncture hole open or closed
 - ❑ Skills to manipulate the needle to reduce or reinforce by keeping the acupuncture hole open or closed
 - ❑ Skills to apply correct techniques keeping the acupuncture hole open or closed
- ❖ Same as slide 54
- ❖ CAM: p346-349
 - ❖ Dr. Li's book: p144-145
 - ❖ Practice questions: Dr. Li's book: p239 (No.122—135)

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Examination Contents Outline (2013)

Reinforcing and reducing techniques by

- 5) Means of respiration
- ❑ Knowledge of theories, purpose and techniques of reinforcing and reducing by means of respiration
 - ❑ Knowledge to apply reinforcing and reducing techniques by means of respiration
 - ❑ Ability to apply correct technique via respiration
 - ❑ Ability to reinforce or reduce using the technique of respiration
 - ❑ Skills to manipulate needle to reduce or reinforce by respiration
 - ❑ Skills to apply correct technique via respiration
- ❖ Same as slide 54
- ❖ CAM: p346-349
 - ❖ Dr. Li's book: p144-145
 - ❖ Practice questions: Dr. Li's book: p239 (No.122—135)

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Examination Contents Outline (2013)

Reinforcing and reducing techniques by

6) Setting the Mountain on Fire

- Knowledge of purpose, theory, contraindications of Setting the Mountain on Fire
 - Knowledge to apply reinforcing technique of Setting the Mountain on Fire
 - Ability to administer Setting the Mountain on Fire
 - Ability to reinforce using the technique of Setting the Mountain on Fire
 - Skills to administer Setting the Mountain on Fire
 - Skills to manipulate the needle to reinforce by Setting the Mountain on Fire
- ❖ Same as slide 54
- ❖ CAM: p346-349
 - ❖ Dr. Li's book: p144-145
 - ❖ Practice questions: Dr. Li's book: p239 (No.122—135)

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Examination Contents Outline (2013)

Reinforcing and reducing techniques by

7) Penetrating Heaven coolness

- Knowledge of techniques, purpose, cautions, contraindications of Penetrating Heaven Coolness
 - Knowledge to apply reducing technique of Penetrating Heaven Coolness
 - Ability to reduce using the technique of Penetrating Heaven Coolness
 - Ability to administer Penetrating Heaven Coolness
 - Skills to administer Penetrating Heaven Coolness
 - Skills to manipulate the needle to reduce by Penetrating Heaven Coolness
- ❖ Same as slide 54
- ❖ CAM: p346-349
 - ❖ Dr. Li's book: p144-145
 - ❖ Practice questions: Dr. Li's book: p239 (No.122—135)

60

Examination Contents Outline (2013)

Precautions based upon anatomy

5. Precautions based upon anatomy

- Knowledge of human anatomy
- Knowledge of acupuncture treatment technique, concepts
- Knowledge to consider anatomy to determine depth, precautions, and contraindications
- Ability to apply knowledge of human anatomy to safely administer acupuncture treatment techniques
- Skills to apply knowledge of human anatomy to safely administer acupuncture treatment techniques

- ❖ CAM: p350-353
- ❖ Dr. Li's book: p146; p150
- ❖ Practice questions: Not found

61

Examination Contents Outline (2013)

Removal of needles

6. Removal of needles

- Knowledge of safe and correct removal of acupuncture needle(s)
- Ability to remove needles with correct techniques
- Skills to remove needles with correct techniques

- ❖ CAM: p346
- ❖ Dr. Li's book: p145-146
- ❖ Practice questions: Not found

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Examination Contents Outline (2013) Use of Modalities or Agents

- **Domain C: Use of Modalities or Agents (25% of total exam)**
 1. Cupping
 - Knowledge of theories and purpose of cupping
 - Knowledge to treat patient using cupping
 - Knowledge of techniques, cautions and contraindications of cupping
 - Ability to administer cupping
 - Skills to administer cupping

 - ❖ CAM: p369-370
 - ❖ Dr. Li's book: p147
 - ❖ Practice questions: Not found

63

Examination Contents Outline (2013) Use of Modalities or Agents

2. Guasha
 - Knowledge of theories and purposes of Guasha techniques
 - Knowledge of different types of Guasha devices and their purposes
 - Knowledge of techniques, cautions and contraindications of Guasha
 - Knowledge to treat patient using Guasha
 - Ability to apply Guasha treatment
 - Skills to administer Guasha techniques

 - ❖ Dr. Li's book: p146-147
 - ❖ Practice questions: Dr. Li's book: p236(No. 101-108)

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Examination Contents Outline (2013) Use of Modalities or Agents

3. Bleeding

- Knowledge of theories and purposes of bleeding techniques
- Knowledge of different types of bleeding devices and their purposes
- Knowledge of techniques, cautions and contraindications of bleeding techniques
- Ability to administer bleeding techniques for patient treatment
- Skills to provide appropriate bleeding procedure for patient treatment

❖ Dr. Li's book: p144-146

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Examination Contents Outline (2013) Use of Modalities or Agents

4. Intradermal needles

- Knowledge of theories and purposes of intradermal needles
- Knowledge of techniques, cautions and contraindications of intradermal needles
- Knowledge of different types of intradermal needles
- Knowledge to treat patient using intradermal needles
- Ability to administer intradermal needles
- Skills to administer intradermal needles

❖ CAM: p356

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Examination Contents Outline (2013) Use of Modalities or Agents

5. Ear balls, seeds, pellets, ear tack

- Knowledge of theories and purposes of ear balls/seeds/pellets/ear tack
- Knowledge of the ear balls/seeds/pellets/ear tacks procedure, technique and safety procedures
- Ability to administer ear balls/seeds/pellets/ear tacks
- Skills to administer ear balls/seeds/pellets/ear tacks

❖ CAM: p531-550

❖ Dr. Li's book: p160-164

❖ Practice questions: Dr. Li's book: p223-232(No.40)

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Examination Contents Outline (2013) Use of Modalities or Agents

6. Electro acupuncture

❖ Dr. Li's book: p148

❖ Practice questions: Dr. Li's book: p233-236
(No. 76-100)

68

Examination Contents Outline (2013) Use of Modalities or Agents

7. Electricity

1) Micro current

- Knowledge of theories and purposes of micro current
- Knowledge of techniques, cautions and contraindications of micro current
- Knowledge of applying electricity using micro current
- Knowledge to treat the patient by applying electricity using micro current
- Ability to administer micro current
- Skills to administer micro current

❖ Same as slide 68

❖ Dr. Li's book: p148

❖ Practice questions: Dr. Li's book: p233-236 (No. 76-100)

69

Examination Contents Outline (2013) Use of Modalities or Agents

2) Auricular micro system points

- Knowledge of auricular micro system point
- Knowledge to treat patient by applying electricity using auricular micro system points

❖ Same as slide 68

❖ Dr. Li's book: p148

❖ Practice questions: Dr. Li's book: p233-236 (No. 76-100)

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Examination Contents Outline (2013) Use of Modalities or Agents

- 3) TENS (Transcutaneous electrical nerve stimulation)
- Knowledge of theories and purposes of TENS
 - Knowledge of techniques, cautions and contraindications of TENS
 - Knowledge of applying electricity using TENS procedure, technique and safety procedures
 - Knowledge of different types of TENS
 - Knowledge to treat the patient using TENS
 - Ability to administer TENS
 - Skills to administer TENS
- ❖ Same as slide 68
- ❖ Dr. Li's book: p148
 - ❖ Practice questions: Dr. Li's book: p233-236 (No. 76-100)

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Examination Contents Outline (2013) Use of Modalities or Agents

8. Moxibustion

- 1) Direct moxibustion (e.g., thread moxibustion)
- Knowledge of theories and purposes of moxibustion using direct moxa
 - Knowledge of techniques, cautions and contraindications of direct moxa
 - Knowledge to apply moxibustion using direct moxa
 - Ability to administer direct moxa
 - Skills to administer direct moxa
- ❖ CAM: p360-370
- ❖ Dr. Li's book: p146
- ❖ Practice questions: Dr. Li's book: p69 (No. 4); p434 (No. 62)

Examination Contents Outline (2013) Use of Modalities or Agents

2) Indirect moxibustion (stick or pole moxa)

- Knowledge of theories and purposes of indirect moxibustion using stick or pole moxa
 - Knowledge of techniques, cautions and contraindications of indirect moxibustion using stick or pole moxa
 - Knowledge to apply moxibustion using indirect moxibustion using stick or pole moxa
 - Ability to administer indirect moxibustion using stick or pole moxa
 - Skills to administer indirect moxibustion using stick or pole moxa
- ❖ Same as slide 72
- ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

3) Moxa on medium (e.g., garlic, ginger)

- Knowledge of theories and purposes of indirect moxibustion using a medium
 - Knowledge of techniques, cautions and contraindications of indirect moxibustion using a medium
 - Knowledge to apply moxibustion using indirect moxibustion using a medium
 - Ability to administer indirect moxibustion using a medium
 - Skills to administer indirect moxibustion using a medium
- ❖ Same as slide 72
- ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

4) Moxa on needle handle

- Knowledge of techniques, cautions and contraindications by applying moxibustion on needle handle
- Knowledge to use moxibustion on needle handle
- Knowledge to apply moxibustion on the needle handle
- Ability to administer moxibustion on the needle handle
- Skills to administer moxibustion on the needle handle

- ❖ Same as slide 72
 - ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

5) Moxa box/can

- Knowledge of theories and purpose of using moxa box/can
- Knowledge of techniques, cautions and contraindications of using moxa box/can
- Ability to use moxa box/can
- Skills to use moxa box/can

- ❖ Same as slide 72
 - ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

6) Navel moxa

- Knowledge of using moxa on the navel
- Knowledge of techniques, cautions and contraindications by using moxa on the navel
- Ability to use moxa on the navel
- Skills to use moxa on the navel

- ❖ Same as slide 72
 - ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

7) Stick-on moxa

- Knowledge of theories and purpose of stick-on moxa
- Knowledge of techniques, cautions and contraindications of stick-on moxa
- Ability to administer stick-on moxa
- Skills to administer stick-on moxa

- ❖ Same as slide 72
 - ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

8) Smokeless moxa

- Knowledge of theories and purpose of using smokeless moxa
- Knowledge of techniques, cautions and contraindications of using smokeless moxa
- Knowledge to use smokeless moxa
- Ability to administer smokeless moxa

- ❖ Same as slide 72
 - ❖ CAM: p360-370
 - ❖ Dr. Li's book: p146
 - ❖ Practice questions: Dr. Li's book: p71 (No. 4); p434 (No. 62)

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Examination Contents Outline (2013) Use of Modalities or Agents

9. Physical agents (Heat; TDP/infrared heat lamp; Cold)

- Knowledge to administer physical agents such as heat for patient condition
- Knowledge of heat as a physical agent
- Knowledge of techniques, cautions and contraindications by applying using heat as a physical agent
- Knowledge of theories and purpose of using heat as a physical agent
- Skills to administer physical agents such as heat
- Ability to administer physical agents such as heat

- ❖ Practice questions: Dr. Li's book: p237 (No. 109—121)

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Examination Contents Outline (2013) Use of Modalities or Agents

10. Precautions related to treatment modalities (e.g., intradermal needles, moxibustion, electricity, guasha, bleeding, cupping, 7 Star Hammer)
- Knowledge of techniques for each modality
 - Knowledge of precautions and contraindications related to treatment with each modality
 - Ability to administer correct treatment with each modality
 - Skills to administer correct treatment with each modality
- ❖ CAM: p350-360
❖ Dr. Li's book: p143-144; p150
❖ Practice questions: Not found

81

Examination Contents Outline (2013) Use of Modalities or Agents

11. State regulation(s) and law(s) for use of different modalities for acupuncture
- Knowledge of the different acupuncture modalities
 - Knowledge of state regulations and laws for use of different acupuncture modalities
 - Ability to recall the state regulations and laws for use of different acupuncture modalities
 - Skills to administer acupuncture modalities according to state regulations and laws
- Practice questions: Dr. Li's book: p233-234 (No.78 & 84)

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

- **Domain D: Assess Treatment Outcomes and Modify Treatment (15% of total exam)**

1. Treatment evaluation

- 1) Assess effectiveness of treatment by re-examining patient

- Knowledge to evaluate treatment
- Knowledge to assess the effectiveness of treatment by re-examining the patient
- Ability to assess the effectiveness of treatment by re-examining the patient
- Skills to assess the effectiveness of treatment by re-examining the patient

- ❖ CAM: p371-529;
- ❖ Dr. Li's book: p373-406
- ❖ Practice questions: Dr. Li's book: p406-425

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

- 2) Assess clinical lab work and physical examination

- Knowledge to provide physical exam
- Knowledge to review patient's progress by using physical exam (e.g., orthopedic, etc.)
- Knowledge to evaluate patient progress
- Ability to evaluate patient progress via physical examination
- Skills to evaluate patient progress via physical examination
- Knowledge of clinical lab work for patients
- Knowledge to review progress of patient using clinical lab work for assessment of signs and symptoms
- Skills to analyze clinical lab work
- Skills to assess patient signs and symptoms
- Knowledge of patient history, medical history
- Ability to report patient progress
- Skills to report patient progress

- ❖ Same as slide 83
 - ❖ CAM: p371-529;
 - ❖ Dr. Li's book: p373-406
 - ❖ Practice questions: Dr. Li's book: p406-425

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

- 3) Appropriately continue, discontinue, modify treatment, or refer to another healthcare provider
- Knowledge of patient's history
 - Knowledge to evaluate the results of treatment by comparing the patient's condition with prior assessment(s) in order to continue, modify or terminate treatment
 - Ability to evaluate treatment and assess whether to continue, modify, or terminate treatment
 - Skills to evaluate treatment and decide on further course of action
 - Knowledge to assess outcome in order to modify treatment strategy
 - Knowledge to analyze patient's outcome in order to modify treatment
 - Knowledge of different treatment strategies
 - Ability to analyze outcome in order to modify treatment
 - Skills to administer different treatment strategies based on patient's results
- ❖ Same as slide 83
- ❖ CAM: p371-529;
 - ❖ Dr. Li's book: p373-406
 - ❖ Practice questions: Dr. Li's book: p406-425

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

- 4) Point selection modification
- Knowledge of acupuncture points
 - Knowledge to modify choice of points
 - Ability to modify choice of points
 - Skills to modify choice of points
- ❖ Same as slide 83
- ❖ CAM: p371-529;
 - ❖ Dr. Li's book: p373-406
 - ❖ Practice questions: Dr. Li's book: p406-425

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

5) Treatment strategy modification

- Knowledge of treatment strategy
- Knowledge of modifications of treatment strategy
- Ability to modify treatment strategies
- Skill to modify treatment strategies

❖ Same as slide 83

❖ CAM: p371-529;

❖ Dr. Li's book: p373-406

❖ Practice questions: Dr. Li's book: p406-425

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

6) Modality and manipulation modification

- Knowledge of modalities and manipulation techniques, cautions and contraindications
- Knowledge to modify modalities and manipulation techniques
- Ability to modify modalities and manipulation techniques
- Skills to modify modalities and manipulation techniques

❖ Same as slide 83

❖ CAM: p371-529;

❖ Dr. Li's book: p373-406

❖ Practice questions: Dr. Li's book: p406-425

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

2. Ensure clean needle technique

- Knowledge of clean needle theories, techniques, safety rules and procedures
- Knowledge to ensure clean needle technique
- Ability to administer clean needle techniques
- Skills to administer clean needle techniques

- ❖ Dr. Li's book: p143-144
- ❖ Practice questions: Not found

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Examination Contents Outline (2013)

Assess Treatment Outcomes and Modify Treatment

3. Management of acupuncture related emergencies (fainting, shock, bleeding, broken needles, stuck needles, diabetic issues, burns, etc.)

- Knowledge of emergency situations
- Knowledge of needle techniques and safety rules/guidelines
- Knowledge to manage acupuncture related emergencies
- Ability to manage acupuncture related emergencies
- Skills to manage acupuncture related emergencies

- CAM: p350-353
- Dr. Li's book: p144
- Practice questions: Not found

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Thanks!