NCCAOE Examination
Review

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NCCAOE Examination
Acupuncture and Point Location
Examination Contents Outline (2013)
Acupuncture and Point Location

• Reference Books
  – All Knowledge points and Practice questions are from the following books:
    • Dongcheng Li, Review and Pretest for NCCAOM and California Exams in TCM Foundation and Acupuncture, the latest version.
    • Dongcheng Li, Review and Pretest for NCCAOM and California Licensing Exams in Acupuncture with Point Location, the latest version.

Examination Contents Outline (2013)
Acupuncture and Point Location

• **Domain A:** Develop a Comprehensive Treatment Plan Using Acupuncture Points Based Upon Patient’s Identified Syndrome and Pattern Discrimination (40% of total exam of which 20% are point location images).
• **Domain B:** Treatment Techniques and Mode of Administration (20% of total exam).
• **Domain C:** Use of Modalities or Agents (25% of total exam)
• **Domain D:** Assess Treatment Outcomes and Modify Treatment (15% of total exam)
Examination Contents Outline (2013)
Acupuncture and Point Location

- **Domain A**: Develop a Comprehensive Treatment Plan Using Acupuncture Points Based Upon Patient’s Identified Syndrome and Pattern Discrimination (40% of total exam of which 20% are point location images).

- **1. Develop treatment plan**
  - Knowledge of prescriptions based on treatment principles to correct imbalances.
    - CAM: p262-265; p371; Dr. Li’s book: p56-57; p373-374
    - Practice Questions: Dr. Li’s book: p406; p53

Examination Contents Outline (2013)
Develop treatment plan

- Knowledge of functions, indications and contraindications of treatment modality (e.g., acupuncture, moxa, Qigong, etc.)
- Ability to prescribe treatment principles to correct imbalances
- Ability to recall appropriate treatment principle to correct imbalance
- Ability to develop a treatment strategy
- Skills to recognize treatment principles to correct imbalances

- CAM: p350-353; p361-362; p368-370
- Dr. Li’s book: p145-147; p150
- Practice questions: Dr. Li’s book: p234-241
## Examination Contents Outline (2013)
### Develop treatment plan

1) **Six Stages theory (e.g., Taiyang, Yangming, Shaoyang, Taiyin, Shaoyin, Jueyin)**
   - Knowledge of treatment planning utilizing Six Stages theory
   - Knowledge of Six Stages theory
   - Knowledge of procedures, methods, concepts, contraindications for Six Stages theory
   - Ability to administer treatment using Six Stages
   - Skills to administer treatment using Six Stages
   
   - **CAM:** p330-336; 
   - **Dr. Li’s book:** p343-346 
   - **Practice questions:** Dr. Li’s book: p447 No.64, 65 & 66

2) **Four Levels (Wei, Qi, Ying, Xue)**
   - Knowledge of treatment planning utilizing Four Levels theory
   - Knowledge of Four Levels theory
   - Knowledge of procedures, methods, concepts, contraindications for Four Levels theory
   - Ability to administer treatment using Four Levels
   - Skills to administer treatment using Four Levels
   
   - **Dr. Li’s book:** p346-347
   - **Practice questions:** Dr. Li’s book: p447 No.67 & 68
Examination Contents Outline (2013)
Develop treatment plan

3) Five Phase/Element points
   - Knowledge of Five Phase/Element points
   - Knowledge of theories and methods for Five Phase/Element points
   - Ability to administer Five Phase/Element points
   - Skills to administer Five Phase/Element points

   - CAM: p381;
   - Dr. Li’s book: p157 & 159 chart
   - Practice questions: Dr. Li’s book: p75 (No.36); p175 (No.10); p440 (No.22)

4) Antique points (Jing Well, Ying Spring, Shu Stream, Jing River, He Sea)
   - Knowledge of Antique points
   - Knowledge of theories and methods of Antique points
   - Ability to administer Antique points
   - Skills to administer Antique points

   - CAM: p122;
   - Dr. Li’s book: p68; p157 chart
   - Practice questions: Dr. Li’s book: p75 (No.36); p174 (No.5); p175 (No.10); p399 (No. 75); p435 (No.22)
Examination Contents Outline (2013)
Develop treatment plan

5) Root and Branch
- Knowledge of Root and Branch technique to treat the patient's condition
- Knowledge of Root and Branch
- Knowledge of Root and Branch theories and concepts
- Ability to administer Root and Branch
- Skills to administer Root and Branch

- CAM: p371-375;
- Dr. Li’s book: p56-57; p373-374
- Practice questions: Dr. Li’s book: p367-p373

6) Zang Fu
- Knowledge of the Zang Fu model to treat the patient's condition
- Knowledge of Zang Fu
- Ability to apply the Zang Fu model to a patient's condition
- Skills to correctly treat a patient with the Zang Fu model

- CAM: p27-50; p303-327; p410-462;
- Dr. Li’s book: p21-32; p304-342
- Practice questions: Dr. Li’s book: p33-49; p347-373
Examination Contents Outline (2013)
Develop treatment plan

7) Yin and Yang

- Knowledge of Yin and Yang model to treat the patient's condition
- Knowledge of Yin and Yang techniques and concepts
- Ability to apply the Yin and Yang model to a patient's condition
- Skills to correctly treat a patient with the Yin and Yang model

- CAM: p12-19; p371-372;
- Dr. Li's book: p7-10; p298-299; p373;
- Practice questions: p15-21; p426(No.1-5; No. 9)

Examination Contents Outline (2013)
Develop treatment plan

8) Qi, Blood, Body Fluids and Essence

- Knowledge of Qi, Blood, Body Fluids and Essence models to treat the patient's condition
- Knowledge of Qi model
- Knowledge of Blood model
- Knowledge of Body Fluids model
- Knowledge of Essence model
- Knowledge of Qi, Blood, Body Fluids and Essence model techniques and theories
- Ability to apply the Qi, Blood, Body Fluids and Essence model to a patient's condition
- Skills to administer Qi, Blood, Body Fluids and Essence model for patient treatment

- CAM: p51-59; p296-303;
- Dr. Li's book: p28-31; p300-304
- Practice questions: Dr. Li's book: p34(No.11); p36(No.23); p36(No. 26, 27, 28, 29); p347(No. 3—7)
Examination Contents Outline (2013)
Develop treatment plan

9) Meridians and collaterals including divergent meridians (Jing Luo)
   - Knowledge of Jing Luo
   - Knowledge of Jing Luo concepts and theories
   - Knowledge of meridians and collaterals (Jing Luo) model to treat the patient’s condition
   - Ability to apply the Jing Luo model to a patient’s condition
   - Skills to correctly treat a patient with the Jing Luo model

   - CAM: p59-114; p327-330;
   - Dr. Li’s book: p62-65
   - Practice questions: Dr. Li’s book: p72(No.11—14); p212(No. 284—314)

Examination Contents Outline (2013)
Develop treatment plan

10) Extraordinary meridian
   - Knowledge of the Eight Extraordinary meridians
   - Knowledge of the Eight Extraordinary meridians concepts and theories
   - Knowledge of Qigong concepts and theories
   - Knowledge of Yuan Qi concepts and theories
   - Ability to apply the proper points for patient’s condition
   - Ability to apply Extraordinary meridians in pairs/combinations
   - Skills to administer the Jing for patient’s condition

   - CAM: p82-88; p227-241;
   - Dr. Li’s book: p128-143;
   - Practice questions: Dr. Li’s book: p190(No. 121—124); p192(No.133—138); p193(No.145,146); p199(No.192—283)
Examination Contents Outline (2013)
Point Selection

2. Point Selection
1) Distal/local, adjacent points
   - Select distal/local, adjacent points to address channel imbalance
   - Knowledge of distal/local, adjacent points and affected channels
   - Knowledge of channels
   - Ability to recall distal/local, adjacent points and affected channels
   - Ability to identify channel imbalances
   - Skills to identify channel imbalances

   - CAM: p124-125;
   - Dr. Li’s book: p373-374
   - Practice questions: Dr. Li’s book: p438(No.5)

2) Based on TCM muscular channel theory
   - Knowledge of points based on the muscular channel theory
   - Knowledge of concept and purpose for choosing acupuncture points based on the muscular channel theory
   - Ability to select/recognize acupuncture points based on the muscular channel theory
   - Skills to administer acupuncture points based on muscular channel theory

   - CAM: p101-112;
   - Dr. Li’s book: p64;
   - Practice questions: Dr. Li’s book: p192 (No. 161); p196 (No. 168); p197 (No. 177); p198(No. 184-185)
Examination Contents Outline (2013)  
Point Selection

3) Points along corresponding channels to affected cutaneous regions
   - Knowledge of the cutaneous regions
   - Knowledge of acupuncture/points along the cutaneous regions
   - Ability to recognize points along corresponding channels to affect cutaneous regions
   - Ability to understand concepts, methods and results of choosing points of the cutaneous regions
   - Ability to identify points to affect the cutaneous regions
   - Skills to identify points along corresponding channels to affect cutaneous regions

   ✷ CAM: p112;
   ✷ Dr. Li’s book: p64
   ✷ Practice questions: p193 (No.141)

Examination Contents Outline (2013)  
Point Selection

4) Front-Mu (Alarm) points, Back-Shu (Associated) points, and their combination(s)
   - Knowledge of functions of Front-Mu (Alarm), Back-Shu (Associated) points and their combination
   - Knowledge of imbalances of an excess or deficient nature
   - Knowledge Front-Mu (Alarm), Back-Shu (Associated) points and their combination to affect systemic imbalances
   - Ability to recall Front-Mu (Alarm), Back-Shu (Associated) points and their combination
   - Ability to recognize Front-Mu (Alarm), Back-Shu (Associated) points and their combination; ability to affect imbalances of an excess or deficient nature
   - Skills to identify Front-Mu (Alarm), Back-Shu (Associated) points and their combination to address systemic imbalances
   - Skills to administer Front-Mu (Alarm), Back-Shu (Associated) points and their combination for imbalances

   ✷ CAM: p123-124; p390-392
   ✷ Dr. Li’s book: p68; p155-156
   ✷ Practice questions: p439 (No. 11)
Examination Contents Outline (2013)
Point Selection

5) Lower He-Sea (Uniting) points
   - Knowledge of Lower He-Sea (Uniting) points to connect channel with respective Fu Organ
   - Knowledge of Fu organs and their functions
   - Knowledge of He-Sea (Uniting) acupuncture points
   - Ability to recognize Lower He-Sea (Uniting) points to connect channel with respective Fu Organ
   - Ability to identify Lower He-Sea (Uniting) points to connect channel with respective Fu Organ
   - Skills to identify Lower He-Sea (Uniting) points to connect channel with respective Fu Organ

   - CAM: p385-386;
   - Dr. Li’s book: p67; p152 (chart);
   - Practice questions: Not found.

Examination Contents Outline (2013)
Point Selection

6) Four-Needle technique points
   - Knowledge of Four-Needle technique acupuncture points
   - Knowledge of Four-Needle technique and how it affects imbalances
   - Ability to recognize Four-Needle technique points to address imbalances
   - Ability to recall Four-Needle technique acupuncture points
   - Skills to identify/perform Four-Needle technique points to address imbalances

   - Same as slide 9 & 10
   - Practice questions: Dr. Li’s book: p435 (No. 70)
Examination Contents Outline (2013)
Point Selection

- **Step I**
  - Determine which organ system is out of balance

- **Step II**
  - Determine whether the imbalance is excess (shi) or deficiency (xu)

- **Step III**
  - (For Deficient syndromes)
    - • Reinforce the mother point on the mother organ's channel.
    - • Reinforce the mother organ's element point on the affected channel.
    - • Reduce the horary point on the controlling organ's channel.
    - • Reduce the controlling organ's element point on the affected organ.
  - (For Excessive syndromes)
    - • Reinforce the control point on the controlling organ's channel.
    - • Reinforce the control point on the affected channel.
    - • Reduce the son point on the son channel.
    - • Reduce the son point on the affected channel.

**Tonification prescriptions for Deficient syndrome.**

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<th>Reduce</th>
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<td>Mother point on affected channel</td>
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<tr>
<td>LU</td>
<td>Sp 3</td>
<td>Lu 9</td>
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<td>LI</td>
<td>St 36</td>
<td>Li 11</td>
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<td>SI 3</td>
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<tr>
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<tr>
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<td>Kid 10</td>
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Examination Contents Outline (2013)
Point Selection

Sedation prescriptions for Excessive syndrome.

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<th>Meridian</th>
<th>Control point on controlling channel</th>
<th>Control point on affected channel</th>
<th>Son point on Son channel</th>
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<td>Lu 10</td>
<td>Kid 10</td>
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<td>UB 66</td>
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<td>Ht 8</td>
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</table>

7) Eight Influential points

- Knowledge of the Eight Influential points to affect related anatomical areas and types of tissues
- Knowledge of the Eight Influential points
- Knowledge of anatomical areas and types of tissues
- Ability to recognize the Eight Influential points as being able to affect related anatomical areas and types of tissues
- Skills to identify the Eight Influential points to affect related anatomical areas and types of tissues
- Skills to recall Eight Influential points to affect related anatomical areas and types of tissues

- CAM: p392-393;
- Dr. Li’s book: p69; p153-154
- Practice questions: Dr. Li’s book: p74(No.29)
Examination Contents Outline (2013)
Point Selection

8) Four Sea points
   - Knowledge of the Four Seas points
   - Knowledge of Qi, Blood, Food and Marrow
   - Knowledge of the Four Seas points to affect corresponding Qi, Blood, Food and Marrow
   - Ability to recognize and recall the Four Seas points to affect corresponding Qi, Blood, Food and Marrow
   - Skills to identify the Four Seas points to affect corresponding Qi, Blood, Food and Marrow

   - Dr. Li’s book: p156.
   - Practice questions: Dr. Li’s book: p427(No.16)

Examination Contents Outline (2013)
Point Selection

9) Based upon causative factor
   - Knowledge of points to treat causative factor(s) according to TCM
   - Knowledge of causative factors according to TCM
   - Ability to recognize points to treat causative factor(s) according to TCM
   - Skills to identify points to treat causative factor(s) according to TCM

   - Same as slide 5 (treatment plan)
Examination Contents Outline (2013)
Point Selection
10) Five Shu (Transporting) points according to TCM
   - Knowledge of the Five Shu (Transporting) points to treat imbalances of the Five Elements according to TCM
   - Knowledge of the Five Elements according to TCM
   - Knowledge of Five Shu (Transporting) points according to TCM
   - Ability to recognize the Five Shu (Transporting) points to treat imbalances of the Five Elements according to TCM
   - Skills to identify the Five Shu (Transporting) points to treat imbalances of the Five Elements according to TCM
   - Same as slide 9 & 10

Examination Contents Outline (2013)
Point Selection
11) 5 Luo-Connecting points, Yuan-Source (Primary) points, and their combinations
   - Knowledge of Luo-Connecting points that access divergent channels to strengthen internally-externally related channels
   - Knowledge of Yuan-Source (Primary) points to access fundamental Qi for the channel
   - Knowledge of Luo-Connecting acupuncture points
   - Knowledge of Yuan-Source (Primary) acupuncture points
   - Knowledge of the divergent channels
   - Knowledge of Fundamental Qi
   - Ability to recall Luo-Connecting acupuncture points
   - Ability to recognize Yuan-Source (Primary) acupuncture points to access fundamental Qi of the channel
   - Ability to recognize Luo-Connecting points as being able to access divergent channels to strengthen internally-externally related channels
   - Ability to recall Yuan-Source (Primary) acupuncture points
   - Skills to identify Luo-Connecting points that access divergent channels to strengthen internally-externally related channels
   - Skills to identify Yuan-Source (Primary) acupuncture points to access fundamental Qi for the channel
   - CAM: p386-389;
   - Dr. Li’s book: p68; p151
   - Practice questions: Dr. Li’s book: p174 (No.1); p438 (No.1)
Examination Contents Outline (2013)
Point Selection

12) Xi-Cleft points

- Knowledge of Xi-Cleft points and indications
- Knowledge of choosing correct Xi-Cleft points
- Ability to recognize Xi-Cleft points
- Skills to identify and locate Xi-Cleft points

- CAM: p389-390;
- Dr. Li’s book: p68-69; p152
- Practice questions: Dr. Li’s book: p74 (No. 28); p174 (No. 4 & 8)

Examination Contents Outline (2013)
Point Selection

13) Entry and Exit points according to 12 Channel theory

- Knowledge of Entry and Exit points according to 12 Channel theory
- Knowledge of the 12 Channel theories
- Knowledge of Entry and Exit acupuncture points
- Ability to recognize acupuncture Entry and Exit points according to 12 Channel theory
- Ability to recall acupuncture points to clear Entry and Exit points according to 12 Channel theory
- Skills to identify Entry and Exit points according to 12 Channel theory

- Dr. Li’s book: p158
- Practice questions: Dr. Li’s book: p193 (No. 143 & 147); p194 (No. 152 & 158); p195 (No. 160)
Examination Contents Outline (2013)
Point Selection

14) Window of the Sky
   - Knowledge of Window of the Sky theory
   - Knowledge of appropriate points according to Window of the Sky theory
   - Knowledge of acupuncture points associated with Window of the Sky theory
   - Ability to recall acupuncture points according to Window of the Sky theory
   - Skills to identify acupuncture points for Window of the Sky

   - Dr. Li’s book: p157-158
   - Practice questions: Not found

15) Extra points
   - Knowledge of Extra points
   - Knowledge of clinically appropriate Extra points to treat corresponding conditions
   - Ability to recognize clinically appropriate Extra points to treat corresponding conditions
   - Skills to identify clinically appropriate Extra points to treat corresponding conditions
   - Skills to administer Extra points

   - CAM: p242-253
   - Dr. Li’s book: p67; p139
   - Practice questions: Dr. Li’s book: p174 (No.2)
Examination Contents Outline (2013)
Point Selection

16) Auricular points
   - Knowledge of auricular acupuncture points (e.g., auricular landmarks, locations, functions, and indications of auricular acupuncture points)
   - Knowledge of the indications of auricular points
   - Ability to recognize auricular points
   - Ability to recall auricular acupuncture points to address imbalances
   - Skills to identify auricular points

   - CAM: p531-550;
   - Dr. Li’s book: p159-164
   - Practice questions: Dr. Li’s book: p223-233

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Examination Contents Outline (2013)
Point Selection

17) Scalp points
   - Knowledge of scalp acupuncture system (e.g., scalp landmarks, proportions, locations, functions, indications and contraindications of scalp acupuncture points)
   - Ability to recall scalp acupuncture points to address imbalances
   - Skills to identify scalp points

   - Dr. Li’s book: p164-168
   - Practice questions: Not found
Examination Contents Outline (2013)
Point Selection

18) Coalescent points

- Knowledge of coalescent points
- Knowledge of the indications and contraindications of coalescent acupuncture points
- Ability to recall coalescent points to address imbalances
- Skills to identify coalescent points

- Dr. Li’s book: p128-139
- Practice questions: Dr. Li’s book: p192 (No. 133); p192 (No. 135, 137 & 138); p202 (No. 215); p203 (No. 221); p205 (No. 232 & 234); p206 (No. 241—246); p207 (No. 252-256); p208 (258-263) ....

Examination Contents Outline (2013)
Point Selection

19) Crossing points

- Knowledge of crossing points (e.g., intersection of two or more meridians, including the twelve regular meridians and the eight extra meridians)
- Knowledge of the indications and contraindications of crossing points
- Knowledge of location and distribution of crossing points
- Ability to recall crossing points to address imbalances
- Ability to identify diseases treated with crossing points
- Skills to identify crossing points

- CAM: p393-398;
- Dr. Li’s book: p69
- Practice questions: Dr. Li’s book: p177 (No.30); p179 (No.39&40)
Examination Contents Outline (2013)
Point Selection

20) Fourteen meridians

- Knowledge of fourteen meridians theories and contraindications
- Ability to recall fourteen meridians to address imbalances
- Skills to identify fourteen meridians

- CAM: p64-83;
- Dr. Li’s book: p62-69; p78-128
- Practice questions: Dr. Li’s book: p180 (No. 48); p181 (No. 56 & 58); p182 (No. 65); p183 (No. 66-69, 71-72)……

21) Confluent points

- Knowledge of confluent points
- Knowledge of confluent points theories and contraindications
- Skills to identify confluent points
- Skills to apply confluent points for patient’s condition
- Ability to recognize (e.g., locate) confluent points
- Ability to recall confluent points to address imbalances

- CAM: p389-391;
- Dr. Li’s book: p69; p153 (chart)
- Practice questions: Dr. Li’s book: p74 (No. 27); p175 (No. 11)
Examination Contents Outline (2013)

Point Selection

22) Command points
- Knowledge of command points
- Knowledge of command points theories and contraindications
- Skills to identify command points
- Ability to recognize (e.g., locate) command points
- Ability to recall command points to address imbalances (hot, cold, excess, deficiency)

- Dr. Li’s book: p156
- Practice questions: Not found

Examination Contents Outline (2013)

Treatment strategy using acupuncture, cupping and moxibustion

3. Treatment strategy using acupuncture, cupping and moxibustion
- Knowledge of functions and indications of acupuncture, cupping, moxibustion techniques
- Knowledge of techniques, cautions and contraindications of acupuncture, cupping, moxibustion
- Knowledge of different types of acupuncture, cupping, moxibustion
- Knowledge of treatment strategies utilizing acupuncture, cupping, moxibustion
- Ability to apply treatment strategies utilizing acupuncture, cupping, moxibustion
- Skills to identify treatment strategies utilizing acupuncture, cupping, moxibustion

- Same as slide 6
- Dr. Li’s book: p145-147; p150
- Practice questions: Dr. Li’s book: p234-241
Examination Contents Outline (2013)

Needle selection

4. Needle selection (e.g., filiform, three-edges, plum-blossom, press and intradermal needles)
   - Knowledge of acupuncture needles
   - Knowledge of acupuncture needle use
   - Knowledge of acupuncture needle applications, precautions
   - Ability to utilize appropriate acupuncture needles
   - Skills to administer appropriate acupuncture needles

   - CAM: p337-360
   - Dr. Li’s book: p143-147
   - Practice questions: Dr. Li’s book: p176 (No.20, 21)

Examination Contents Outline (2013)

Identification of correct point location

5. Identification of correct point location
   - Knowledge of acupuncture points
   - Knowledge of acupuncture point location theories and concepts
   - Knowledge to identify correct point location
   - Ability to identify correct point location
   - Skills to identify correct point location

   - CAM: p135-253
   - Dr. Li’s book: p78-128
   - Practice questions: Dr. Li’s book: p174 (No.6); p439 (No. 10 & 11)……
Examination Contents Outline (2013)
Point location (images only)

6. Point location (images only)
   - Know point location description in words.

A. GB-1 (tong zi liao)  A. GB-18 (cheng ling)  A. DU-9 (zhi yang)
B. Extra point yu yao B. GB-17 (zheng ying)  B. DU-11 (shen dao)
C. SJ-23 (si zhu kong) C. DU-22 (xin hui)  C. DU-12 (shen zhu)
D. ST-7 (xia guan)    D. DU-21 (qian ding)  D. DU-10 (ling tai)

Examination Contents Outline (2013)
Patient position

- **Domain B**: Treatment Techniques and Mode of Administration (20% of total exam).

1. Patient position
   - Knowledge of correct positioning of the patient
   - Knowledge of positioning techniques and concepts
   - Ability to correctly position the patient
   - Skills to decide and execute correct positioning of patient

   - CAM: p339-341
Examination Contents Outline (2013)

Needle insertion

2. Needle insertion (Angle, Depth, and Needle insertion technique)
   - Knowledge of needle insertions with appropriate angle and depth
   - Knowledge of safety rules and regulations concerning needle insertion
   - Ability to insert needles to the appropriate angle and depth
   - Skills to insert needles at correct angle and depth

   - CAM: p341-349
   - Dr. Li’s book: p143-144
   - Practice questions: Dr. Li’s book: p239 (No.122—135)

Achieve arrival of Qi by

3. Achieve arrival of Qi by:
   1) Lifting and thrusting
      - Knowledge of arrival of Qi
      - Knowledge of lifting and thrusting
      - Knowledge to achieve arrival of Qi by lifting and thrusting
      - Knowledge of concepts and theories concerning lifting and thrusting
      - Ability to achieve arrival of Qi by lifting and thrusting
      - Skills to manipulate needle with lifting and thrusting to elicit the arrival of Qi

   - CAM: p345;
   - Dr. Li’s book: p144
   - Practice questions: Dr. Li’s book: p239 (No.122—135)
Examination Contents Outline (2013)
Achieve arrival of Qi by

2) Twirling or rotating
   - Knowledge of arrival of Qi
   - Knowledge to achieve arrival of Qi by twirling and rotating
   - Knowledge of twirling or rotating
   - Ability to achieve arrival of Qi by twirling or rotating
   - Skills to administer arrival of Qi by twirling or rotating

   ❖ Same as slide 48

Examination Contents Outline (2013)
Achieve arrival of Qi by

3) Plucking
   - Knowledge of arrival of Qi
   - Knowledge to achieve arrival of Qi by plucking
   - Knowledge of plucking
   - Ability to achieve arrival of Qi by plucking
   - Skills to administer arrival of Qi by plucking
   - Skills to manipulate needle using plucking to elicit arrival of Qi

   ❖ Same as slide 48
Examination Contents Outline (2013)
Achieve arrival of Qi by

4) Scraping
   - Knowledge of arrival of Qi
   - Knowledge to achieve arrival of Qi by scraping
   - Ability to administer arrival of Qi by scraping
   - Skills to administer arrival of Qi by scraping
     - Same as slide 48

Examination Contents Outline (2013)
Achieve arrival of Qi by

5) Shaking
   - Knowledge of arrival of Qi
   - Knowledge to achieve arrival of Qi by shaking
   - Ability to administer arrival of Qi by shaking
   - Skills to administer arrival of Qi by shaking
     - Same as slide 48
Examination Contents Outline (2013)

6) Trembling

- Knowledge of arrival of Qi
- Knowledge to achieve arrival of Qi by trembling
- Ability to administer arrival of Qi by trembling
- Skills to administer arrival of Qi by trembling

- Same as slide 48

Examination Contents Outline (2013)

4. Reinforcing and reducing techniques by:

1) Lifting and thrusting

- Knowledge of theories, purpose and techniques of lifting and thrusting
- Knowledge to apply reinforcing and reducing techniques by lifting and thrusting
- Ability to administer techniques by lifting and thrusting
- Skills to administer techniques by lifting and thrusting

- CAM: p346-349
- Dr. Li’s book: p144-145
- Practice questions: Dr. Li’s book: p239 (No.122—135)
Examination Contents Outline (2013)
Reinforcing and reducing techniques by

2) Twirling or rotating
   - Knowledge of theory, purpose and technique of rotating or twirling
   - Knowledge to apply reinforcing and reducing techniques by rotating or twirling
   - Ability to administer correct techniques using rotating or twirling
   - Skills to administer correct techniques using rotating or twirling
   - Same as slide 54
     - CAM: p346-349
     - Dr. Li’s book: p144-145
     - Practice questions: Dr. Li’s book: p239 (No.122—135)

Examination Contents Outline (2013)
Reinforcing and reducing techniques by

3) Rapid and slow insertion and withdrawal of needle
   - Knowledge of theory, purpose and technique of rapid and slow insertion and withdrawal of needle
   - Knowledge to apply reinforcing and reducing techniques by rapid and slow inserting and withdrawal of needles
   - Ability to administer correct techniques using rapid and slow inserting and withdrawal of needles
   - Skills to administer correct techniques using rapid and slow inserting and withdrawal of needles
   - Skills to manipulate the needle to reduce or reinforce using rapid and slow inserting and withdrawal of needles
   - Same as slide 54
     - CAM: p346-349
     - Dr. Li’s book: p144-145
     - Practice questions: Dr. Li’s book: p239 (No.122—135)
Examination Contents Outline (2013)
Reinforcing and reducing techniques by

4) Keeping acupuncture hole open
   - Knowledge to apply reinforcing and reducing techniques by keeping the acupuncture hole open or closed
   - Ability to administer correct techniques by keeping the acupuncture hole open or closed
   - Ability to reinforce or reduce using the technique of keeping the acupuncture hole open or closed
   - Skills to manipulate the needle to reduce or reinforce by keeping the acupuncture hole open or closed
   - Skills to apply correct techniques keeping the acupuncture hole open or closed

   ✷ Same as slide 54
     ✷ CAM: p346-349
     ✷ Dr. Li’s book: p144-145
     ✷ Practice questions: Dr. Li’s book: p239 (No.122—135)

Examination Contents Outline (2013)
Reinforcing and reducing techniques by

5) Means of respiration
   - Knowledge of theories, purpose and techniques of reinforcing and reducing by means of respiration
   - Knowledge to apply reinforcing and reducing techniques by means of respiration
   - Ability to apply correct technique via respiration
   - Ability to reinforce or reduce using the technique of respiration
   - Skills to manipulate needle to reduce or reinforce by respiration
   - Skills to apply correct technique via respiration

   ✷ Same as slide 54
     ✷ CAM: p346-349
     ✷ Dr. Li’s book: p144-145
     ✷ Practice questions: Dr. Li’s book: p239 (No.122—135)
Examination Contents Outline (2013)
Reinforcing and reducing techniques by

6) Setting the Mountain on Fire
- Knowledge of purpose, theory, contraindications of Setting the Mountain on Fire
- Knowledge to apply reinforcing technique of Setting the Mountain on Fire
- Ability to administer Setting the Mountain on Fire
- Ability to reinforce using the technique of Setting the Mountain on Fire
- Skills to administer Setting the Mountain on Fire
- Skills to manipulate the needle to reinforce by Setting the Mountain on Fire

- Same as slide 54
- CAM: p346-349
- Dr. Li’s book: p144-145
- Practice questions: Dr. Li’s book: p239 (No.122—135)

Examination Contents Outline (2013)
Reinforcing and reducing techniques by

7) Penetrating Heaven coolness
- Knowledge of techniques, purpose, cautions, contraindications of Penetrating Heaven Coolness
- Knowledge to apply reducing technique of Penetrating Heaven Coolness
- Ability to reduce using the technique of Penetrating Heaven Coolness
- Ability to administer Penetrating Heaven Coolness
- Skills to administer Penetrating Heaven Coolness
- Skills to manipulate the needle to reduce by Penetrating Heaven Coolness

- Same as slide 54
- CAM: p346-349
- Dr. Li’s book: p144-145
- Practice questions: Dr. Li’s book: p239 (No.122—135)
Examination Contents Outline (2013)

Precautions based upon anatomy

5. Precautions based upon anatomy
   - Knowledge of human anatomy
   - Knowledge of acupuncture treatment technique, concepts
   - Knowledge to consider anatomy to determine depth, precautions, and contraindications
   - Ability to apply knowledge of human anatomy to safely administer acupuncture treatment techniques
   - Skills to apply knowledge of human anatomy to safely administer acupuncture treatment techniques

- CAM: p350-353
- Dr. Li’s book: p146; p150
- Practice questions: Not found

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Removal of needles

6. Removal of needles
   - Knowledge of safe and correct removal of acupuncture needle(s)
   - Ability to remove needles with correct techniques
   - Skills to remove needles with correct techniques

- CAM: p346
- Dr. Li’s book: p145-146
- Practice questions: Not found
Examination Contents Outline (2013)
Use of Modalities or Agents

- Domain C: Use of Modalities or Agents (25% of total exam)

1. Cupping
   - Knowledge of theories and purpose of cupping
   - Knowledge to treat patient using cupping
   - Knowledge of techniques, cautions and contraindications of cupping
   - Ability to administer cupping
   - Skills to administer cupping
   - CAM: p369-370
   - Dr. Li’s book: p147
   - Practice questions: Not found

2. Guasha
   - Knowledge of theories and purposes of Guasha techniques
   - Knowledge of different types of Guasha devices and their purposes
   - Knowledge of techniques, cautions and contraindications of Guasha
   - Knowledge to treat patient using Guasha
   - Ability to apply Guasha treatment
   - Skills to administer Guasha techniques

   - Dr. Li’s book: p146-147
   - Practice questions: Dr. Li’s book: p236( No. 101-108)
Examination Contents Outline (2013)
Use of Modalities or Agents

3. Bleeding
   - Knowledge of theories and purposes of bleeding techniques
   - Knowledge of different types of bleeding devices and their purposes
   - Knowledge of techniques, cautions and contraindications of bleeding techniques
   - Ability to administer bleeding techniques for patient treatment
   - Skills to provide appropriate bleeding procedure for patient treatment

   - Dr. Li’s book: p144-146

Examination Contents Outline (2013)
Use of Modalities or Agents

4. Intradermal needles
   - Knowledge of theories and purposes of intradermal needles
   - Knowledge of techniques, cautions and contraindications of intradermal needles
   - Knowledge of different types of intradermal needles
   - Knowledge to treat patient using intradermal needles
   - Ability to administer intradermal needles
   - Skills to administer intradermal needles

   - CAM: p356
Examination Contents Outline (2013)
Use of Modalities or Agents

5. Ear balls, seeds, pellets, ear tack
   - Knowledge of theories and purposes of ear balls/seeds/pellets/ear tack
   - Knowledge of the ear balls/seeds/pellets/ear tacks procedure, technique and safety procedures
   - Ability to administer ear balls/seeds/pellets/ear tacks
   - Skills to administer ear balls/seeds/pellets/ear tacks

   - CAM: p531-550
   - Dr. Li’s book: p160-164
   - Practice questions: Dr. Li’s book: p223-232 (No.40)

Examination Contents Outline (2013)
Use of Modalities or Agents

6. Electro acupuncture

   - Dr. Li’s book: p148
   - Practice questions: Dr. Li’s book: p233-236 (No. 76-100)
Examination Contents Outline (2013)
Use of Modalities or Agents

7. Electricity
   1) Micro current
      - Knowledge of theories and purposes of micro current
      - Knowledge of techniques, cautions and contraindications of micro current
      - Knowledge of applying electricity using micro current
      - Knowledge to treat the patient by applying electricity using micro current
      - Ability to administer micro current
      - Skills to administer micro current

      ❖ Same as slide 68
      ❖ Dr. Li’s book: p148
      ❖ Practice questions: Dr. Li’s book: p233-236 (No. 76-100)

Examination Contents Outline (2013)
Use of Modalities or Agents

2) Auricular micro system points
   - Knowledge of auricular micro system point
   - Knowledge to treat patient by applying electricity using auricular micro system points

   ❖ Same as slide 68
   ❖ Dr. Li’s book: p148
   ❖ Practice questions: Dr. Li’s book: p233-236 (No. 76-100)
Examination Contents Outline (2013)
Use of Modalities or Agents

3) TENS (Transcutaneous electrical nerve stimulation)
   - Knowledge of theories and purposes of TENS
   - Knowledge of techniques, cautions and contraindications of TENS
   - Knowledge of applying electricity using TENS procedure, technique and safety procedures
   - Knowledge of different types of TENS
   - Knowledge to treat the patient using TENS
   - Ability to administer TENS
   - Skills to administer TENS

   ✓ Same as slide 68
     - Dr. Li’s book: p148
     - Practice questions: Dr. Li’s book: p233-236 (No. 76-100)

8. Moxibustion
   1) Direct moxibustion (e.g., thread moxibustion)
      - Knowledge of theories and purposes of moxibustion using direct moxa
      - Knowledge of techniques, cautions and contraindications of direct moxa
      - Knowledge to apply moxibustion using direct moxa
      - Ability to administer direct moxa
      - Skills to administer direct moxa

      ✓ CAM: p360-370
      ✓ Dr. Li’s book: p146
      ✓ Practice questions: Dr. Li’s book: p69 (No. 4); p434 (No. 62)
Examination Contents Outline (2013)
Use of Modalities or Agents

2) Indirect moxibustion (stick or pole moxa)
   - Knowledge of theories and purposes of indirect moxibustion using stick or pole moxa
   - Knowledge of techniques, cautions and contraindications of indirect moxibustion using stick or pole moxa
   - Knowledge to apply moxibustion using indirect moxibustion using stick or pole moxa
   - Ability to administer indirect moxibustion using stick or pole moxa
   - Skills to administer indirect moxibustion using stick or pole moxa

   ✷ Same as slide 72
     ✷ CAM: p360-370
     ✷ Dr. Li’s book: p146
     ✷ Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)

Examination Contents Outline (2013)
Use of Modalities or Agents

3) Moxa on medium (e.g., garlic, ginger)
   - Knowledge of theories and purposes of indirect moxibustion using a medium
   - Knowledge of techniques, cautions and contraindications of indirect moxibustion using a medium
   - Knowledge to apply moxibustion using indirect moxibustion using a medium
   - Ability to administer indirect moxibustion using a medium
   - Skills to administer indirect moxibustion using a medium

   ✷ Same as slide 72
     ✷ CAM: p360-370
     ✷ Dr. Li’s book: p146
     ✷ Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)
Examination Contents Outline (2013)
Use of Modalities or Agents

4) Moxa on needle handle
- Knowledge of techniques, cautions and contraindications by applying moxibustion on needle handle
- Knowledge to use moxibustion on needle handle
- Knowledge to apply moxibustion on the needle handle
- Ability to administer moxibustion on the needle handle
- Skills to administer moxibustion on the needle handle

- Same as slide 72
- CAM: p360-370
- Dr. Li’s book: p146
- Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)

Examination Contents Outline (2013)
Use of Modalities or Agents

5) Moxa box/can
- Knowledge of theories and purpose of using moxa box/can
- Knowledge of techniques, cautions and contraindications of using moxa box/can
- Ability to use moxa box/can
- Skills to use moxa box/can

- Same as slide 72
- CAM: p360-370
- Dr. Li’s book: p146
- Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)
Examination Contents Outline (2013)
Use of Modalities or Agents

6) Navel moxa
- Knowledge of using moxa on the navel
- Knowledge of techniques, cautions and contraindications by using moxa on the navel
- Ability to use moxa on the navel
- Skills to use moxa on the navel

- Same as slide 72
  - CAM: p360-370
  - Dr. Li’s book: p146
  - Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)

7) Stick-on moxa
- Knowledge of theories and purpose of stick-on moxa
- Knowledge of techniques, cautions and contraindications of stick-on moxa
- Ability to administer stick-on moxa
- Skills to administer stick-on moxa

- Same as slide 72
  - CAM: p360-370
  - Dr. Li’s book: p146
  - Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)
Examination Contents Outline (2013)
Use of Modalities or Agents

8) Smokeless moxa
   - Knowledge of theories and purpose of using smokeless moxa
   - Knowledge of techniques, cautions and contraindications of using smokeless moxa
   - Knowledge to use smokeless moxa
   - Ability to administer smokeless moxa

   ❖ Same as slide 72
     - CAM: p360-370
     - Dr. Li’s book: p146
     - Practice questions: Dr. Li’s book: p71 (No. 4); p434 (No. 62)

Examination Contents Outline (2013)
Use of Modalities or Agents

9. Physical agents (Heat; TDP/infrared heat lamp; Cold)
   - Knowledge to administer physical agents such as heat for patient condition
   - Knowledge of heat as a physical agent
   - Knowledge of techniques, cautions and contraindications by applying using heat as a physical agent
   - Knowledge of theories and purpose of using heat as a physical agent
   - Skills to administer physical agents such as heat
   - Ability to administer physical agents such as heat

   ❖ Practice questions: Dr. Li’s book: p237 (No. 109—121)
Examination Contents Outline (2013)
Use of Modalities or Agents

10. Precautions related to treatment modalities (e.g., intradermal needles, moxibustion, electricity, guasha, bleeding, cupping, 7 Star Hammer)
   - Knowledge of techniques for each modality
   - Knowledge of precautions and contraindications related to treatment with each modality
   - Ability to administer correct treatment with each modality
   - Skills to administer correct treatment with each modality

- CAM: p350-360
- Dr. Li’s book: p143-144; p150
- Practice questions: Not found

Examination Contents Outline (2013)
Use of Modalities or Agents

11. State regulation(s) and law(s) for use of different modalities for acupuncture
   - Knowledge of the different acupuncture modalities
   - Knowledge of state regulations and laws for use of different acupuncture modalities
   - Ability to recall the state regulations and laws for use of different acupuncture modalities
   - Skills to administer acupuncture modalities according to state regulations and laws

- Practice questions: Dr. Li’s book: p233-234 (No.78 & 84)
Examination Contents Outline (2013)
Assess Treatment Outcomes and Modify Treatment

• Domain D: Assess Treatment Outcomes and Modify Treatment (15% of total exam)

1. Treatment evaluation
   1) Assess effectiveness of treatment by re-examining patient
      - Knowledge to evaluate treatment
      - Knowledge to assess the effectiveness of treatment by re-examining the patient
      - Ability to assess the effectiveness of treatment by re-examining the patient
      - Skills to assess the effectiveness of treatment by re-examining the patient
      
      - CAM: p371-529;
      - Dr. Li’s book: p373-406
      - Practice questions: Dr. Li’s book: p406-425

2) Assess clinical lab work and physical examination
   - Knowledge to provide physical exam
   - Knowledge to review patient’s progress by using physical exam (e.g., orthopedic, etc.)
   - Knowledge to evaluate patient progress
   - Ability to evaluate patient progress via physical examination
   - Skills to evaluate patient progress via physical examination
   - Knowledge of clinical lab work for patients
   - Knowledge to review progress of patient using clinical lab work for assessment of signs and symptoms
   - Skills to analyze clinical lab work
   - Skills to assess patient signs and symptoms
   - Knowledge of patient history, medical history
   - Ability to report patient progress
   - Skills to report patient progress

   - Same as slide 83
   - CAM: p371-529;
   - Dr. Li’s book: p373-406
   - Practice questions: Dr. Li’s book: p406-425
Examination Contents Outline (2013)
Assess Treatment Outcomes and Modify Treatment

3) Appropriately continue, discontinue, modify treatment, or refer to another healthcare provider
   - Knowledge of patient’s history
   - Knowledge to evaluate the results of treatment by comparing the patient’s condition with prior assessment(s) in order to continue, modify or terminate treatment
   - Ability to evaluate treatment and assess whether to continue, modify, or terminate treatment
   - Skills to evaluate treatment and decide on further course of action
   - Knowledge to assess outcome in order to modify treatment strategy
   - Knowledge to analyze patient’s outcome in order to modify treatment
   - Knowledge of different treatment strategies
   - Ability to analyze outcome in order to modify treatment
   - Skills to administer different treatment strategies based on patient’s results

- Same as slide 83
  - CAM: p371-529;
  - Dr. Li’s book: p373-406
  - Practice questions: Dr. Li’s book: p406-425

4) Point selection modification
   - Knowledge of acupuncture points
   - Knowledge to modify choice of points
   - Ability to modify choice of points
   - Skills to modify choice of points

- Same as slide 83
  - CAM: p371-529;
  - Dr. Li’s book: p373-406
  - Practice questions: Dr. Li’s book: p406-425
### Examination Contents Outline (2013)

#### Assess Treatment Outcomes and Modify Treatment

5) **Treatment strategy modification**
- Knowledge of treatment strategy
- Knowledge of modifications of treatment strategy
- Ability to modify treatment strategies
- Skill to modify treatment strategies

- Same as slide 83
  - CAM: p371-529;
  - Dr. Li’s book: p373-406
  - Practice questions: Dr. Li’s book: p406-425

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6) **Modality and manipulation modification**
- Knowledge of modalities and manipulation techniques, cautions and contraindications
- Knowledge to modify modalities and manipulation techniques
- Ability to modify modalities and manipulation techniques
- Skills to modify modalities and manipulation techniques

- Same as slide 83
  - CAM: p371-529;
  - Dr. Li’s book: p373-406
  - Practice questions: Dr. Li’s book: p406-425
Examination Contents Outline (2013)
Assess Treatment Outcomes and Modify Treatment

2. Ensure clean needle technique
   - Knowledge of clean needle theories, techniques, safety rules and procedures
   - Knowledge to ensure clean needle technique
   - Ability to administer clean needle techniques
   - Skills to administer clean needle techniques

   - Dr. Li’s book: p143-144
   - Practice questions: Not found

3. Management of acupuncture related emergencies (fainting, shock, bleeding, broken needles, stuck needles, diabetic issues, burns, etc.)
   - Knowledge of emergency situations
   - Knowledge of needle techniques and safety rules/guidelines
   - Knowledge to manage acupuncture related emergencies
   - Ability to manage acupuncture related emergencies
   - Skills to manage acupuncture related emergencies

   - CAM: p350-353
   - Dr. Li’s book: p144
   - Practice questions: Not found
Thanks!