

| Rel ext. Wind-cold | Rel ext. Wind-heat | Clear heat purge fire | Clear heat cool blood | Clear heat dry damp | Clear heat/toxicity | Drain downward | Drain dampness | Wind-damp | Aromatic Damp | Heat phlegm | Cold phlegm | Cough wheezing | Food stagnation | Regulate Qi |
|--|---|--|---|--|--|--|---|--|---|--|--|--|---|---|
| Bai Zhi Cang Er Zi Cong Bai Fang Feng Gao Ben Gui Zhi Jing Jie Ma Huang Qiang Huo Sheng Jiang Xi Xin Xiang Ru Xin Yi Hua Zi Su Ye | Bo He Chai Hu Chan Tui Dan Dou Chi Fu Ping Ge Gen Ju Hua Man Jing Zi Mu Zei Niu Bang Zi Sang Ye Sheng Ma | Dan Zhu Ye Lian Zi Xin Lu Gen Shi Gao TianHuaFen Xiong Dan Zhi Mu Zhi Zi | Chi Shao Mu Dan Pi Sheng Di Huang | Huang Qin Huang Lian Huang Bai Ku Shen LongDanCao Qin Pi | Bai Hua She She Cao | purgatives Da Huang Fan Xie Ye Lu Hui Mang Xiao | Edema Chi XiaoDou DongGua Pi Fu Ling Yi Yi Ren Yu Mi Xu Ze Xie Zhu Ling | W-C Damp Bai Hua She Can Sha Du Huo HaiFengTeng Mu Gua WeiLingXian WuShaoShe | Bai DouKou CangZhu CaoDouKou Cao Guo Hou Po Huo Xiang Pei Lan Sha Ren | Bei Mu Chuan___ Zhe___ Gua Lou Hai Zao Jie Geng Kun Bu PangDaHai Qian Hu Zhu Li Zhu Ru | Bai Fu Zi Bai Jie Zi Bai Qian Ban Xia TianNanXing Xuan FuHua Zao Jiao | Bai Bu KwanDong Hua | Gu Ya Ji Nei Jin Lai Fu Zi Mai Ya Shan Zha Shen Qu | Chen Pi Chen Xiang ChuanLianZi Da Fu Pi Fo Shou Li Zhi He Mei Gui Hua Mu Xiang Qing Pi Shi Di Tan Xiang Wu Yao Xiang Fu Xiang Yuan Xie Bai Zhi Ke Zhi Shi |
| Stop bleeding | Invg Blood Bld stasis | Warm Interior | Tonify Qi | Tonify blood | Tonify yang | Tonify Yin | Stabilizing binding | Stabilizing binding | Calm spirit | Aromatic open orifice | Expel wind temor | Expel parasite | External Application | Color Key |
| Cool blood Bai Mao Gen Ce Bai Ye Da Ji Di Yu Huai Hua Xiao Ji Blood stasis Pu Huang QianCaoGen San Qi Restrict bl Bai Ji Xian HeCao Warm Chnl Ai Ye Fu Long Gan Pao Jiang | ChuanShanJia Chuan Xiong Dan Shen E Zhu Hong Hua Ji XueTeng Jiang Huang Mang Chong Mo Yao Niu Xi Ru Xiang San Leng Shui Zhi Su Mu Tao Ren WangBuLiuXing Wu Ling Zhi Yan Hu Suo Yi Mu Cao Yu Jin Ze Lan Zhe Chong | Chuan Jiao Ding Xiang Fu Zi Gan Jiang Gao Liang Jiang Hu Jiao Rou Gui Wu Zhu Yu Xiao Hui Xiang | Bai Zhu Ci Wu Jia Da Zao Dang Shen Feng Mi Gan Cao Huang Jing Huang Qi Ren Shen Shan Yao Tai Zi Shen XiYangShen Yi Tang | Bai Shao Dang Gui E Jiao He Shou Wu LongYanRou ShuDiHuang Du Zhong Ge Jie Hai Gou Shen Hai Ma Hu Tao Ren Jiu Zi Lu Rong RouCongRong Sha Yuan Ji Li Suo Yang Tu Si Zi Xian Mao Xu Duan Yi Zhi Ren Yin Yang Huo Zi He Che | Ba Ji Tian Bu Gu Zhi Dong Chong Xia Cao Du Zhong Ge Jie Hai Gou Shen Hai Ma Hu Tao Ren Jiu Zi Lu Rong RouCongRong Sha Yuan Ji Li Suo Yang Tu Si Zi Xian Mao Xu Duan Yi Zhi Ren Yin Yang Huo Zi He Che | Bai He Bie Jia Gou Qi Zi Gui Ban Han Lian Cao Hei Zhi Ma Mai Men Dong Nu Zhen Zi Sang Shen Sha Shen Nan___ Bei___ Shi Hu Tian Men Dong Yin Er Yu Zhu | Excessive Sweating Fu Xiao Mai Ma Huang Gen Nuo Dao Gen Xu Retain Lu Bind Li Bai Guo Chi Shi Zhi He Zi Rou Dou Kou Shi Liu Pi Wu Mei Wu Wei Zi Ying Su Ke | Essence, urine,dischr Shan Zhu Yu Lian Zi Qian Shi Jin Ying Zi Chun Pi Fu Pen Zi Hai PiaoXiao SangPiaoXiao | Anchor,setl Ci Shi Hu Po Long Gu Mu Li Zhu Sha Nourish Ht Bai Zi Ren He Huan Pi Ling Zhi SuanZao Ren YeJiaoTeng Yuan Zhi | An XiXiang Bing Pian Chan Chu She Xiang Shi Chang Pu SuHeXiang | Liver Wind Di Long Gou Teng Jiang Can Ling Yang Jiao Niu Huang Quan Xie Tian Ma Wu Gong Liver Yang Bai Ji Li Dai Zhe Shi Mu Li Shi Jue Ming ZhenZhuMu | Bing Lang Da Suan Fei Zi GuanZhong He Cao Ya He Shi Ku Lian Pi Lei Wan Nan Gua Zi Shi Jun Zi Wu Yi | Liu Huang Ma Qian Zi Mi Tuo Seng Ming Fen Peng Sha Qian Dan Qing Fen Shan Ci Gu SheChuangZi Xiong Huang Zhang Nao | Warm Hot/very warm slight warm Cold/ cool Very cold slight cold Neutral <i>italic = toxic</i> |
| | | | | | | | | | | | | | Emetic herbs | Chang Shan Dan Fan Gua Di Li Lu |