

Rel ext Wind-cold	Rel ext Wind-heat	Clear heat purge fire	Clear heat cool blood	Clear heat dry damp	Clear heat/toxicity	Drain downward	Drain dampness	Wind-damp	Aromatic Damp	Heat phlegm	Cold phlegm	Cough wheezing	Food stagnation	Regulate Qi
Bai Zhi Cang Er Zi Cong Bai Fang Feng Gao Ben Gui Zhi Jing Jie Ma Huang Qiang Huo Sheng Jiang Xi Xin Xiang Ru Xin Yi Hua Zi Su Ye	Bo He Chai Hu Chan Tui Dan Dou Chi Fu Ping Ge Gen Ju Hua Man Jing Zi Mu Zei Niu Bang Zi Sang Ye Sheng Ma	Dan Zhu Ye Lian Zi Xin Lu Gen Shi Gao TianHuaFen Xiong Dan Zhi Mu Zhi Zi	Chi Shao Mu Dan Pi Sheng Di Huang ShuiNiuJiao Xi Jiao XuanShen Zi Cao	Huang Qin Huang Lian Huang Bai Ku Shen LongDanCao Qin Pi	Bai Hua She She Cao  Bai JiangCao BaiTouWeng Bai Xian Pi BanLanGen ChuanXinLian Da Qing Ye Hong Teng Jin Yin Hua Lian Qiao Ma Bo Ma Chi Xian Pu Gong Ying Qing Dai Shan Dou Gen Di Gu Pi HuHuangLian Qing Hao Yin Chai Hu Zi Hua Di Ding	<u>Purgatives</u>  Da Huang Fan Xie Ye Lu Hui Mang Xiao  <u>Laxatives</u>  Hu Ma Ren Yu Li Ren  <u>Harsh expellants</u>  Ba Dou Da Ji Gan Sui Qian Niu Zi Shang Lu Yuan Hua	<u>Edema</u>  Chi XiaoDou DongGua Pi Fu Ling Yi Yi Ren Yu Mi Xu Ze Xie Zhu Ling  <u>UTI/Lin Sx</u>  Bei Xie Bian Xu Che Qian Zi DengXinCao Di Fu Zi Hai Jin Sha Hua Shi Mu Tong Qu Mai Shi Wei Tong Cao  <u>Jaundice</u>  Jin QianCao YinChenHao	<u>W-C Damp</u>  Bai Hua She Can Sha Du Huo HaiFengTeng Mu Gua WeiLingXian WuShaoShe  Fan Ji Luo Shi Teng Qin Jiao Sang Zhi Si Gua Luo Xi Xian Cao  <u>Bones/Sinews</u>  Gou Ji Qian NianJian Sang JiSheng Wu Jia Pi	Bai DouKou CangZhu CaoDouKou Cao Guo Hou Po Huo Xiang Pei Lan Sha Ren  Bei Mu Chuan___ Zhe___ Gua Lou Hai Zao Jie Geng Kun Bu PangDaHai Qian Hu Zhu Li Zhu Ru	Bai Fu Zi Bai Jie Zi Bai Qian Ban Xia TianNanXing Xuan FuHua Zao Jiao	Bai Bu KwanDong Hua LuoHanGuo Ma DouLing Mu Hu Die Pi Pa Ye Sang Bai Pi Su Zi Ting Li Zi Xing Ren Zi Wan	Gu Ya Ji Nei Jin Lai Fu Zi Mai Ya Shan Zha Shen Qu	Chen Pi Chen Xiang ChuanLianZi Da Fu Pi Fo Shou Li Zhi He Mei Gui Hua Mu Xiang Qing Pi Shi Di Tan Xiang Wu Yao Xiang Fu Xiang Yuan Xie Bai Zhi Ke Zhi Shi	
Stop bleeding	Invg Blood Bld stasis	Warm Interior	Tonify Qi	Tonify blood	Tonify yang	Tonify Yin	Stabilizing binding	Stabilizing binding	Calm spirit	Aromatic open orifice	Expel wind temor	Expel parasite	External Application	Color Key
<u>Cool blood</u>  Bai Mao Gen Ce Bai Ye Da Ji Di Yu Huai Hua Xiao Ji  <u>Blood stasis</u>  Pu Huang QianCaoGen San Qi  <u>Restrict bl</u>  Bai Ji Xian HeCao  <u>Warm Chnl</u>  Ai Ye Fu Long Gan Pao Jiang	ChuanShanJia Chuan Xiong Dan Shen E Zhu Hong Hua Ji XueTeng Jiang Huang Mang Chong Mo Yao Niu Xi Ru Xiang San Leng Shui Zhi Su Mu Tao Ren WangBuLiuXing Wu LingZhi Yan Hu Suo Yi Mu Cao Yu Jin Ze Lan Zhe Chong	Chuan Jiao Ding Xiang Fu Zi Gan Jiang Gao Liang Jiang Hu Jiao Rou Gui Wu Zhu Yu Xiao Hui Xiang  Ru Xiang San Leng Shui Zhi Su Mu Tao Ren WangBuLiuXing Wu LingZhi Yan Hu Suo Yi Mu Cao Yu Jin Ze Lan Zhe Chong	Bai Zhu Ci Wu Jia Da Zao Dang Shen Feng Mi Gan Cao Huang Jing Huang Qi Ren Shen Shan Yao Tai Zi Shen XYangShen Yi Tang	Bai Shao Dang Gui E Jiao He Shou Wu LongYanRou ShuDiHuang  Du Zhong Ge Jie Hai Gou Shen Hai Ma Hu Tao Ren Jiu Zi Lu Rong RouCongRong Sha Yuan Ji Li Suo Yang Tu Si Zi Xian Mao Xu Duan Yi Zhi Ren Yin Yang Huo Zi He Che	Ba Ji Tian Bu Gu Zhi Dong Chong Xia Cao  Du Zhong Ge Jie Hai Gou Shen Hai Ma Hu Tao Ren Jiu Zi Lu Rong RouCongRong Sha Yuan Ji Li Suo Yang Tu Si Zi Xian Mao Xu Duan Yi Zhi Ren Yin Yang Huo Zi He Che	Bai He Bie Jia Gou Qi Zi Gui Ban Han Lian Cao  Hei Zhi Ma Mai Men Dong  Nu Zhen Zi Sang Shen Sha Shen Nan___ Bei___ Shi Hu Tian Men Dong Yin Er Yu Zhu	<u>Excessive Sweating</u>  Fu Xiao Mai Ma Huang Gen Nuo Dao Gen Xu  <u>Retain Lu Bind Li</u>  Bai Guo Chi Shi Zhi He Zi Rou Dou Kou Shi Liu Pi Wu Mei Wu Wei Zi Ying Su Ke	<u>Essence, urine, dischr</u>  Shan Zhu Yu Lian Zi Qian Shi Jin Ying Zi Chun Pi Fu Pen Zi Hai PiaoXiao SangPiaoXiao	<u>Anchor, set!</u>  Ci Shi Hu Po Long Gu Mu Li Zhu Sha  <u>Nourish Ht</u>  Bai Zi Ren He Huan Pi Ling Zhi SuanZao Ren YeJiaoTeng Yuan Zhi	An Xi Xiang Bing Pian Chan Chu She Xiang Shi Chang Pu SuHeXiang	<u>Liver Wind</u>  Di Long Gou Teng Jiang Can Ling Yang Jiao  Niu Huang Quan Xie Tian Ma Wu Gong  <u>LiverYang</u>  Bai Ji Li Dai Zhe Shi Mu Li Shi Jue Ming ZhenZhuMu	Bing Lang Da Suan Fei Zi GuanZhong He CaoYa He Shi Ku Lian Pi Lei Wan Nan Gua Zi Shi Jun Zi Wu Yi	Liu Huang Ma Qian Zi Mi Tuo Seng Ming Fen Peng Sha Qian Dan Qing Fen Shan Ci Gu SheChuangZi Xiong Huang Zhang Nao	Warm Hot/very warm slight warm Cold/ cool Very cold slight cold Neutral italic = toxic
													Emetic herbs	Chang Shan Dan Fan Gua Di Li Lu