

Individual Chinese Herbal Medicine Category Chart For NCCAOM Examination Review

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Rel ext. Wind-cold	Rel ext. Wind-heat	Clear heat purge fire	Clear heat cool blood	Clear heat dry damp	Clear heat/toxicity	Drain downward	Drain dampness	Wind-damp	Aromatic Damp	Heat phlegm	Cold phlegm	Cough wheezing	Food stagnation	Regulate Qi
Ma Huang Gui Zhi Zi Su Ye Sheng Jiang Jing Jie Fang Feng Bai Zhi Xi Xin Qiang Huo Gao Ben Xiang Ru Cang Er Zi Xin Yi Hua Cong Bai	Bo He Niu Bang Zi Chan Tui Sang Ye Ju Hua Chai Hu Sheng Ma Ge Gen Man Jing Zi Dan Dou Chi Fu Ping Mu Zei	Shi Gao Zhi Mu Zhi Zi Dan Zhu Ye Lu Gen Tian Hua Fen Xiong Dan Lian Zi Xin	Xi Jiao Shui Niu Jiao Sheng Di Huang Xuan Shen Mu Dan Pi Chi Shao Zi Cao	Huang Qin Huang Lian Huang Bai Long Dan Cao Ku Shen Qin Pi	Jin Yin Hua Lian Qiao Da Qing Ye Ban Lan Gen Yu Xing Cao Pu Gong Ying Qing Dai Zi Hua Di Ding Ye Ju Hua Bai Jiang Cao Ma Chi Xian Bai Tou Weng Hong Teng Chuan Xin Lian Bai Hua She She Cao Bai Xian Pi Tu Fu Ling She Gan Ma Bo Shan Dou Gen	<u>purgatives</u>  Da Huang Mang Xiao Fan Xie Ye Lu Hui  <u>Laxatives</u>  Hu Ma Ren Yu Li Ren  <u>Harsh expellants</u>  Gan Sui Da Ji Yuan Hua Shang Lu Qian Niu Zi Ba Dou	Fu Ling Zhu Ling Ze Xie Yi Yi Ren Yu Mi Xu Dong Gua Pi Chi Xiao Dou  Mu Tong Tong Cao Che Qian Zi Bian Xu Bei Xie Qu Mai Di Fu Zi Hua Shi Shi Wei Hai Jin Sha Deng Xin Cao  Yin Chen Hao Jin Qian Cao	Du Huo Wei Ling Xian Mu Gua Can Sha Bai Hua She Wu Shao She Hai Feng Teng  Qin Jiao Sang Zhi Xi Xian Cao Luo Shi Teng Si Gua Luo  Fang Ji Wu Jia Pi Sang Ji Sheng Gou Ji Qian Nian Jian	Huo Xiang Pei Lan Cang Zhu Hou Po Sha Ren Bai Dou Kou Cao Dou Kou Cao Guo  Qian Hu Jie Geng Bei Mu Chuan___ Zhe___ Gua Lou Zhu Ru Zhu Li Pang Da Hai Hai Zao Kun Bu	Ban Xia Tian Nan Xing Bai Jie Zi Bai Fu Zi Bai Qian Xuan Fu Hua Zao Jiao  Shi Jun Zi Ku Lian Gen Pi Fei Zi Bing Lang Nan Gua Zi Da Suan He Shi Lei Wan Wu Yi He Cao Ya Guan Zhong	Xing Ren Su Zi Bai Bu Zi Wan Kwan Dong Hua Pi Pa Ye Sang Bai Pi Ting Li Zi Ma Dou Ling Mu Hu Die Luo Han Guo	Shan Zha Mai Ya Gu Ya Shen Qu Ji Nei Jin Lai Fu Zi  Xie Bai Da Fu Pi Fo Shou Xiang Yuan Li Zhi He Mei Gui Hua Shi Di	Chen Pi Qing Pi Zhi Shi Zhi Ke Mu Xiang Xiang Fu Chen Xiang Wu Yao Tan Xiang Chuan Lian Zi Xie Bai Da Fu Pi Fo Shou Xiang Yuan Li Zhi He Mei Gui Hua Shi Di	
<b>Stop bleeding</b>	<b>Invlg Blood Bld stasis</b>	<b>Warm Interior</b>	<b>Tonify Qi</b>	<b>Tonify blood</b>	<b>Tonify yang</b>	<b>Tonify Yin</b>	<b>Stabilizing binding</b>	<b>Stabilizing binding</b>	<b>Calm spirit</b>	<b>Aromatic open orifice</b>	<b>Expel wind temor</b>	<b>Expel parasite</b>	<b>External Application</b>	<b>Colors Indicate...</b>
+Cool blood  Da Ji Xiao Ji Di Yu Huai Hua Ce Bai Ye Bai Mao Gen  <u>blood stasis</u>  San Qi Pu Huang Qian Cao Gen  <u>Restrict bl</u> Xian He Cao Bai Ji  <u>Warm chanl</u> Ai Ye Fu Long Gan Pao Jiang	Chuan Xiong Yan Hu Suo Yu Jin Jiang Huang Ru Xiang Mo Yao Wu Ling Zhi Dan Shen Hong Hua Tao Ren Yi Mu Cao Ze Lan Niu Xi Ji XueTeng Wang Bu Liu Xing Zhe Chong Su Mu San Leng E Zhu Shui Zhi Chuan Shan Jia Mang Chong	Fu Zi Gan Jiang Rou Gui Wu Zhu Yu Xiao Hui Xiang Chuan Jiao Ding Xiang Gao Liang Jiang Hu Jiao	Ren Shen Xi Yang Shen Dang Shen Tai Zi Shen Huang Qi Bai Zhu Shan Yao Ci Wu Jia Gan Cao Da Zao Yi Tang Feng Mi Huang Jing	Dang Gui Shu Di Huang Bai Shao He Shou Wu E Jiao Long Yan Rou  Rou Cong Rong Suo Yang Du Zhong Xu Duan Ge Jie Dong Chong Xia Cao Hu Tao Ren Zi He Che Hai Ma Hai Gou Shen Jiu Zi	Lu Rong Ba Ji Tian Yin Yang Huo Xian Mao Bu Gu Zhi Yi Zhi Ren Tu Si Zi Sha Yuan Ji Li Rou Cong Rong Suo Yang Du Zhong Xu Duan Ge Jie Dong Chong Xia Cao Hu Tao Ren Zi He Che Hai Ma Hai Gou Shen Jiu Zi	Sha Shen Nan___ Bei___ Tian Men Dong Mai Men Shi Hu Yu Zhu Bai He Han Lian Cao Nu Zhen Zi Hei Zhi Ma Gui Ban Bie Jia Gou Qi Zi Sang Shen Yin Er	Excessive Sweating  Ma Huang Gen Fu Xiao Mai Nuo Dao Gen Xu  Retain Lu Bind Li  Wu Wei Zi Wu Mei Chi Shi Zhi He Zi Rou Dou Kou Ying Su Ke Shi Liu Pi Bai Guo	Essence, urine dischr  Shan Zhu Yu Lian Zi Qian Shi Jin Ying Zi Chun Pi Fu Pen Zi Hai Piao Xiao Sang Piao Xiao  Suan Zao Ren Bai Zi Ren Yuan Zhi He Huan Pi Ye Jiao Teng Ling Zhi	Anchor.setl  Long Gu Mu Li Ci Shi Zhu Sha Hu Po  Nourish Ht  Suan Zao Ren Bai Zi Ren Yuan Zhi He Huan Pi Ye Jiao Teng Ling Zhi	Liver Wind  Ling Yang Jiao Niu Huang Tian Ma Gou Teng Di Long Quan Xie Wu Gong Jiang Can  Liver Yang  Shi Jue Ming Zhen Zhu Mu Mu Li Dai Zhe Shi Bai Ji Li	Shi Jun Zi Ku Lian Gen Pi Fei Zi Bing Lang Nan Gua Zi Da Suan He Shi Lei Wan Wu Yi He Cao Ya Guan Zhong	Xiong Huang She Chuang Zi Peng Sha Ma Qian Zi Shan Ci Gu Liu Huang Ming Fen Zhang Nao Qing Fen Mi Tuo Seng Qian Dan  <u>Emetic herbs</u>  Chang Shan Gua Di Dan Fan Li Lu	Warm Hot/very warm slight warm  Cold/ cool Very cold slight cold  Neutral  (toxic)	